



OFFICIAL RESULTS

(ATHLETICS)

December 6-10, 2019
New Clark City, Capas, Tarlac, Philippines



MEDAL TALLY

MEDAL TALLY				
CONTINGENT	GOLD	SILVER	BRONZE	TOTAL
 VIETNAM	16	12	10	38
 THAILAND	12	11	12	35
 PHILIPPINES	11	8	8	27
 MALAYSIA	5	9	7	21
 INDONESIA	5	6	5	16
 MYANMAR	0	1	2	3
 SINGAPORE	0	0	3	3
 LAOS	0	0	1	1

LIST OF RECORD BREAKERS

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  ATHLETICS 							
NO	DATE / TIME	NOC	ATHLETE NAME	EVENT NAME	NEW RECORD	PREVIOUS RECORD	REMARKS
1	07 Dec 2019 11:58	 PHI	 KRISTINA MARIE KNOTT	Women 200	00:23.07	00:23.30	MR
2	07 Dec 2019 11:58	 PHI	 OBIENA ERNEST JOHN	Men Pole Vault	5.45	5.35	MR
3	07 Dec 2019 20:00	 INA	 SAPWATURRAHMAN	Men Long Jump	8.03	7.87	MR
4	07 Dec 2019 20:00	 PHI	 KRISTINA MARIE KNOTT	Women 200	00:23.01	00:23.07	MR
5	07 Dec 2019 20:00	 THA	 BOONMAWAN KITTIPONG	Men Hammer Throw	67.56	65.90	MR
6	08 Dec 2019 19:20	 PHI	 UY NATALIE ROSE STEINLAGE	Women Pole Vault	4.25	4.21	MR
7	09 Dec 2019 19:30	 THA	 INSAENG SUBENRAT	Women Discus Throw	60.33	59.56	MR
8	10 Dec 2019 18:00	 VIE	 NGUYEN OANH THI	Women 3000m Steeplechase	10:00.02	10:00.58	MR

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
1	08-DEC-2019 18:10	 VIETNAM	ATHLETICS - 100 M (F)		LE TU CHINH	GOLD
2	08-DEC-2019 18:10	 PHILIPPINES	ATHLETICS - 100 M (F)		KNOTT KRISTINA MARIE	SILVER
3	08-DEC-2019 18:10	 SINGAPORE	ATHLETICS - 100 M (F)		VERONICA SHANTI	BRONZE
4	08-DEC-2019 18:09	 MALAYSIA	ATHLETICS - 100 M (M)		HANAFI MUHAMMAD HAIQAL	GOLD
5	08-DEC-2019 18:09	 THAILAND	ATHLETICS - 100 M (M)		SOWAN RUTTANAPON	SILVER
6	08-DEC-2019 18:09	 THAILAND	ATHLETICS - 100 M (M)		CHUANGCHAI BANDIT	BRONZE
7	09-DEC-2019 18:35	 INDONESIA	ATHLETICS - 100 M HURDLES (F)		NOVA EMILIA	GOLD
8	09-DEC-2019 18:35	 VIETNAM	ATHLETICS - 100 M HURDLES (F)		TRAN THI YEN HOA	SILVER
9	09-DEC-2019 18:35	 SINGAPORE	ATHLETICS - 100 M HURDLES (F)		BINTE ZAINI NUR IZLYN	BRONZE

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
10	08-DEC-2019 09:20	 VIETNAM	ATHLETICS - 10000 M (F)		PHAM THI HUE	GOLD
11	08-DEC-2019 09:20	 VIETNAM	ATHLETICS - 10000 M (F)		PHAM THI HONG LE	SILVER
12	08-DEC-2019 09:20	 INDONESIA	ATHLETICS - 10000 M (F)		NAIBAH ODEKTA ELVINA	BRONZE
13	07-DEC-2019 19:19	 THAILAND	ATHLETICS - 10000 M (M)		TUNTIVATE KIERAN	GOLD
14	07-DEC-2019 19:19	 INDONESIA	ATHLETICS - 10000 M (M)		PRAYOGO AGUS	SILVER
15	07-DEC-2019 19:19	 VIETNAM	ATHLETICS - 10000 M (M)		NGUYEN VAN LAI	BRONZE
16	08-DEC-2019 07:45	 VIETNAM	ATHLETICS - 10000M RACE WALK (F)		PHAM THI THU TRANG	GOLD
17	08-DEC-2019 07:45	 MYANMAR	ATHLETICS - 10000M RACE WALK (F)		SOE THAN THAN	SILVER
18	08-DEC-2019 07:45	 MALAYSIA	ATHLETICS - 10000M RACE WALK (F)		LING YIN ELENA GOH	BRONZE

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
19	09-DEC-2019 19:11	 PHILIPPINES	ATHLETICS - 110 M HURDLES (M)		BAUTISTA CLINTON KINGSLEY	GOLD
20	09-DEC-2019 19:11	 MALAYSIA	ATHLETICS - 110 M HURDLES (M)		WAN SOFIAN RAYZAM SHAH	SILVER
21	09-DEC-2019 19:11	 LAO PDR	ATHLETICS - 110 M HURDLES (M)		XAYSА ANOUSONE	BRONZE
22	08-DEC-2019 17:35	 VIETNAM	ATHLETICS - 1500 M (F)		NGUYEN THI OANH	GOLD
23	08-DEC-2019 17:35	 INDONESIA	ATHLETICS - 1500 M (F)		MANIK AGUSTINA MARDIKA	SILVER
24	08-DEC-2019 17:35	 VIETNAM	ATHLETICS - 1500 M (F)		KHUAT PHUONG ANH	BRONZE
25	08-DEC-2019 17:44	 VIETNAM	ATHLETICS - 1500 M (M)		DUONG VAN THAI	GOLD
26	08-DEC-2019 17:44	 PHILIPPINES	ATHLETICS - 1500 M (M)		MASANO MARIANO	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
27	08-DEC-2019 17:44	 THAILAND	ATHLETICS - 1500 M (M)		YAPRAJAN YOTHIN	BRONZE
28	08-DEC-2019 16:34	 PHILIPPINES	ATHLETICS - 200 M (F)		KNOTT KRISTINA MARIE	GOLD
29	08-DEC-2019 16:34	 VIETNAM	ATHLETICS - 200 M (F)		LE TU CHINH	SILVER
30	08-DEC-2019 16:34	 SINGAPORE	ATHLETICS - 200 M (F)		VERONICA SHANTI	BRONZE
31	07-DEC-2019 18:30	 THAILAND	ATHLETICS - 200 M (M)		KHONGPRASIT CHAYUT	GOLD
32	07-DEC-2019 18:30	 THAILAND	ATHLETICS - 200 M (M)		PUNPA SIRIPOL	SILVER
33	07-DEC-2019 18:30	 MALAYSIA	ATHLETICS - 200 M (M)		NASIR TAIB RUSSEL ALEXANDER	BRONZE
34	09-DEC-2019 10:05	 INDONESIA	ATHLETICS - 20KM RACE WALK (M)		- HENDRO	GOLD
35	09-DEC-2019 10:05	 VIETNAM	ATHLETICS - 20KM RACE WALK (M)		VO XUAN VINH	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
36	09-DEC-2019 10:05	 MYANMAR	ATHLETICS - 20KM RACE WALK (M)		NYI NYI MOE MINE	BRONZE
37	10-DEC-2019 20:02	 VIETNAM	ATHLETICS - 3000 M STEEPLECHASE (F)		NGUYEN THI OANH	GOLD
38	10-DEC-2019 20:02	 PHILIPPINES	ATHLETICS - 3000 M STEEPLECHASE (F)		GAGNAO JOIDA	SILVER
39	10-DEC-2019 20:02	 INDONESIA	ATHLETICS - 3000 M STEEPLECHASE (F)		SIHITE PRETTY	BRONZE
40	10-DEC-2019 19:42	 VIETNAM	ATHLETICS - 3000 M STEEPLECHASE (M)		DO QUOC LUAT	GOLD
41	10-DEC-2019 19:42	 VIETNAM	ATHLETICS - 3000 M STEEPLECHASE (M)		NGUYEN TRUNG CUONG	SILVER
42	10-DEC-2019 19:42	 INDONESIA	ATHLETICS - 3000 M STEEPLECHASE (M)		PURWANTO ATJONG TIO	BRONZE
43	08-DEC-2019 20:01	 VIETNAM	ATHLETICS - 400 M (F)		NGUYEN THI HUYEN	GOLD
44	08-DEC-2019 20:01	 THAILAND	ATHLETICS - 400 M (F)		ONUORAH CHINENYE JOSEPHINE	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
45	08-DEC-2019 20:01	 VIETNAM	ATHLETICS - 400 M (F)		QUACH THI LAN	BRONZE
46	08-DEC-2019 20:24	 VIETNAM	ATHLETICS - 400 M (M)		TRAN NHAT HOANG	GOLD
47	08-DEC-2019 20:24	 VIETNAM	ATHLETICS - 400 M (M)		TRAN DINH SON	SILVER
48	08-DEC-2019 20:24	 THAILAND	ATHLETICS - 400 M (M)		SUNTHONTHUAM PHITCHAYA	BRONZE
49	10-DEC-2019 17:22	 VIETNAM	ATHLETICS - 400 M HURDLES (F)		NGUYEN THI HUYEN	GOLD
50	10-DEC-2019 17:22	 VIETNAM	ATHLETICS - 400 M HURDLES (F)		QUACH THI LAN	SILVER
51	10-DEC-2019 17:22	 PHILIPPINES	ATHLETICS - 400 M HURDLES (F)		BROWN ROBYN LAUREN	BRONZE
52	10-DEC-2019 18:45	 PHILIPPINES	ATHLETICS - 400 M HURDLES (M)		CRAY ERIC SHAUWN	GOLD

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NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
53	10-DEC-2019 18:45	 INDONESIA	ATHLETICS - 400 M HURDLES (M)		BINSAR HALOMOAN EDWIN	SILVER
54	10-DEC-2019 18:45	 VIETNAM	ATHLETICS - 400 M HURDLES (M)		QUACH CONG LICH	BRONZE
55	08-DEC-2019 21:10	 PHILIPPINES	ATHLETICS - 4X100 M MIXED RELAY (B)	   	LUZON ELOIZA LOPENA ANFERNEE KNOTT KRISTINA MARIE CRAY ERIC SHAUWN	GOLD
56	08-DEC-2019 21:10	 THAILAND	ATHLETICS - 4X100 M MIXED RELAY (B)	 	KHONGPRASIT CHAYUT VEERAVONGRATANASIRI NUTTHAPONG	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
				 	WANNAKIT TASSAPORN PAKDEE KWANRUTAI	
57	08-DEC-2019 21:10	 MALAYSIA	ATHLETICS - 4X100 M MIXED RELAY (B)	   	ALIAS AZREEN NABILA NYEPA JONATHAN ANAK ZULKIFLI ZAIDATUL HUSNIAH KENNEDY NIXSON ANAK	BRONZE
58	09-DEC-2019 20:17	 THAILAND	ATHLETICS - 4X100 M RELAY (F)	  	CHATTHA ON UMA PAKDEE KWANRUTAI WANNAKIT TASSAPORN	GOLD

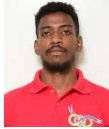
LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
					THIPAT SUPAWAN	
59	09-DEC-2019 20:17	 PHILIPPINES	ATHLETICS - 4X100 M RELAY (F)	   	NELSON ZION ROSE RICHARDSON KAYLA ANISE RICHARDSON KYLA ASHLEY KNOTT KRISTINA MARIE	SILVER
60	09-DEC-2019 20:17	 VIETNAM	ATHLETICS - 4X100 M RELAY (F)	  	TRAN THI YEN HOA LE THI MONG TUYEN HA THI THU	BRONZE

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
					LE TU CHINH	
61	09-DEC-2019 21:04	 THAILAND	ATHLETICS - 4X100 M RELAY (M)	   	SOWAN RUTTANAPON CHUANGCHAI BANDIT MEENAPRA JIRAPONG PUNPA SIRIPOL	GOLD
62	09-DEC-2019 21:04	 MALAYSIA	ATHLETICS - 4X100 M RELAY (M)	   	KENNEDY NIXSON ANAK HANAFI MUHAMMAD HAIQAL JANTAN KHAIRUL HAFIZ NASIR TAIB RUSSEL ALEXANDER	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
63	09-DEC-2019 21:04	 PHILIPPINES	ATHLETICS - 4X100 M RELAY (M)	   	LOPENA ANFERNEE BAUTISTA CLINTON KINGSLEY MEDINA FRANCIS CRAY ERIC SHAUWN	BRONZE
64	07-DEC-2019 19:59	 VIETNAM	ATHLETICS - 4X400 M MIXED RELAY (B)	   	NGUYEN THI HANG TRAN NHAT HOANG QUACH THI LAN TRAN DINH SON	GOLD

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
65	07-DEC-2019 19:59	 THAILAND	ATHLETICS - 4X400 M MIXED RELAY (B)	   	PRAPAS PRATCHAYA ONUORAH CHINENYE JOSEPHINE WERUWANARAK ARISA PAUNGPI PIPATPORN	SILVER
66	07-DEC-2019 19:59	 PHILIPPINES	ATHLETICS - 4X400 M MIXED RELAY (B)	   	ALFEROS REYMOND BROWN ROBYN LAUREN SCHRIJVERS MAUREEN EMILY ALEJAN EDGARDO JR.	BRONZE
67	10-DEC-2019 19:09	 VIETNAM	ATHLETICS - 4X400 M RELAY (F)		NGUYEN THI OANH	GOLD

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
				  	QUACH THI LAN HOANG THI NGOC NGUYEN THI HANG	
68	10-DEC-2019 19:09	 THAILAND	ATHLETICS - 4X400 M RELAY (F)	   	JANCHAONA SUKANYA POOLKERD SUPANICH WERUWANARAK ARISA ONUORAH CHINENYE JOSEPHINE	SILVER
69	10-DEC-2019 19:09	 PHILIPPINES	ATHLETICS - 4X400 M RELAY (F)		LUZON ELOIZA	BRONZE

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
				  	LUMAPAS JESSEL SCHRIJVERS MAUREEN EMILY BROWN ROBYN LAUREN	
70	10-DEC-2019 20:01	 VIETNAM	ATHLETICS - 4X400 M RELAY (M)	   	QUACH CONG LICH LUONG VAN THAO TRAN DINH SON TRAN NHAT HOANG	GOLD
71	10-DEC-2019 20:01	 THAILAND	ATHLETICS - 4X400 M RELAY (M)		CHAMSRI APISIT	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
				  	KONGKRAPHAN NATTAPONG SRIPHA THIPTHANET SUNTHONTHUAM PHITCHAYA	
72	10-DEC-2019 20:01	 PHILIPPINES	ATHLETICS - 4X400 M RELAY (M)	   	ALEJAN EDGARDO JR. DEL PRADO MICHAEL CARLO RAMIREZ FREDERICK SEQUITA JOYME	BRONZE
73	10-DEC-2019 20:01	 VIETNAM	ATHLETICS - 5000 M (F)		NGUYEN THI OANH	GOLD

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
74	10-DEC-2019 20:01	 VIETNAM	ATHLETICS - 5000 M (F)		PHAM THI HUE	SILVER
75	10-DEC-2019 20:01	 PHILIPPINES	ATHLETICS - 5000 M (F)		GAGNAO JOIDA	BRONZE
76	09-DEC-2019 08:58	 THAILAND	ATHLETICS - 5000 M (M)		TUNTIVATE KIERAN	GOLD
77	09-DEC-2019 08:58	 VIETNAM	ATHLETICS - 5000 M (M)		NGUYEN VAN LAI	SILVER
78	09-DEC-2019 08:58	 PHILIPPINES	ATHLETICS - 5000 M (M)		WAGDOS SONNY	BRONZE
79	09-DEC-2019 19:15	 VIETNAM	ATHLETICS - 800 M (F)		DINH THI BICH	GOLD
80	09-DEC-2019 19:15	 VIETNAM	ATHLETICS - 800 M (F)		KHUAT PHUONG ANH	SILVER
81	09-DEC-2019 19:15	 INDONESIA	ATHLETICS - 800 M (F)		MANIK AGUSTINA MARDIKA	BRONZE

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
82	09-DEC-2019 20:00	 VIETNAM	ATHLETICS - 800 M (M)		DUONG VAN THAI	GOLD
83	09-DEC-2019 20:00	 PHILIPPINES	ATHLETICS - 800 M (M)		LILLY CARTER JAMES	SILVER
84	09-DEC-2019 20:00	 MALAYSIA	ATHLETICS - 800 M (M)		VINCENT ROYSON	BRONZE
85	10-DEC-2019 19:23	 PHILIPPINES	ATHLETICS - DECATHLON (M)		TOLEDO ARIES	GOLD
86	10-DEC-2019 19:23	 VIETNAM	ATHLETICS - DECATHLON (M)		BUI	SILVER
87	10-DEC-2019 19:23	 PHILIPPINES	ATHLETICS - DECATHLON (M)		UBAS JANRY	BRONZE
88	09-DEC-2019 20:31	 THAILAND	ATHLETICS - DISCUS THROW (F)		INSAENG SUBENRAT	GOLD
89	09-DEC-2019 20:31	 MALAYSIA	ATHLETICS - DISCUS THROW (F)		CHOO KANG NI	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
90	09-DEC-2019 20:31	 MALAYSIA	ATHLETICS - DISCUS THROW (F)		KUNG NI QUEENIE TING	BRONZE
91	10-DEC-2019 19:08	 MALAYSIA	ATHLETICS - DISCUS THROW (M)		SHAMSHUDDIN MUHAMMAD IRFAN	GOLD
92	10-DEC-2019 19:08	 PHILIPPINES	ATHLETICS - DISCUS THROW (M)		MORRISON WILLIAM III	SILVER
93	10-DEC-2019 19:08	 THAILAND	ATHLETICS - DISCUS THROW (M)		BENJAROON NARONG	BRONZE
94	08-DEC-2019 20:02	 THAILAND	ATHLETICS - HAMMER THROW (F)		KOOMPHON MINGKAMON	GOLD
95	08-DEC-2019 20:02	 MALAYSIA	ATHLETICS - HAMMER THROW (F)		XIU MEI GRACE WONG	SILVER
96	08-DEC-2019 20:02	 THAILAND	ATHLETICS - HAMMER THROW (F)		GIMSRANG PANWAT	BRONZE
97	07-DEC-2019 20:09	 THAILAND	ATHLETICS - HAMMER THROW (M)		BOONMAWAN KITTIPONG	GOLD
98	07-DEC-2019 20:09	 MALAYSIA	ATHLETICS - HAMMER THROW (M)		SIEW CHEER JACKIE WONG	SILVER

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
99	07-DEC-2019 20:09	 MYANMAR	ATHLETICS - HAMMER THROW (M)		AUNG YE HTET	BRONZE
100	09-DEC-2019 11:09	 PHILIPPINES	ATHLETICS - HEPTATHLON (F)		DEQUINAN SARAH	GOLD
101	09-DEC-2019 11:09	 MALAYSIA	ATHLETICS - HEPTATHLON (F)		KAMARUDDIN NORLIYANA	SILVER
102	09-DEC-2019 11:09	 THAILAND	ATHLETICS - HEPTATHLON (F)		KHOTSEEMUEANG SUNISA	BRONZE
103	09-DEC-2019 20:28	 MALAYSIA	ATHLETICS - HIGH JUMP (F)		YAP SEAN YEE	GOLD
104	09-DEC-2019 20:28	 THAILAND	ATHLETICS - HIGH JUMP (F)		BOONWAN WANIDA	GOLD
105	09-DEC-2019 20:28	 VIETNAM	ATHLETICS - HIGH JUMP (F)		PHAM THI DIEM	BRONZE
106	08-DEC-2019 20:26	 MALAYSIA	ATHLETICS - HIGH JUMP (M)		LEE HUP WEI	GOLD

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
107	08-DEC-2019 20:26	 MALAYSIA	ATHLETICS - HIGH JUMP (M)		RANDHAWA NAURAJ SINGH	SILVER
108	08-DEC-2019 20:26	 THAILAND	ATHLETICS - HIGH JUMP (M)		KAEODAM TAWAN	BRONZE
109	08-DEC-2019 18:01	 THAILAND	ATHLETICS - JAVELIN THROW (F)		NACHAN NATTA	GOLD
110	08-DEC-2019 18:01	 VIETNAM	ATHLETICS - JAVELIN THROW (F)		LO THI HOANG	SILVER
111	08-DEC-2019 18:01	 THAILAND	ATHLETICS - JAVELIN THROW (F)		WICHADIT JARIYA	BRONZE
112	09-DEC-2019 18:36	 PHILIPPINES	ATHLETICS - JAVELIN THROW (M)		CALANO MELVIN	GOLD
113	09-DEC-2019 18:36	 INDONESIA	ATHLETICS - JAVELIN THROW (M)		HAFIZ ABD	SILVER
114	09-DEC-2019 18:36	 VIETNAM	ATHLETICS - JAVELIN THROW (M)		NGUYEN HOAI VAN	BRONZE
115	08-DEC-2019 18:16	 INDONESIA	ATHLETICS - LONG JUMP (F)		LONDA MARIA NATALIA	GOLD

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
116	08-DEC-2019 18:16	 THAILAND	ATHLETICS - LONG JUMP (F)		CHUAIMAROENG PARINYA	SILVER
117	08-DEC-2019 18:16	 VIETNAM	ATHLETICS - LONG JUMP (F)		VU THI MONG MO	BRONZE
118	08-DEC-2019 18:19	 INDONESIA	ATHLETICS - LONG JUMP (M)		SAPWATURRAHMAN	GOLD
119	08-DEC-2019 18:19	 MALAYSIA	ATHLETICS - LONG JUMP (M)		ANURA ANDRE	SILVER
120	08-DEC-2019 18:19	 THAILAND	ATHLETICS - LONG JUMP (M)		SINGKHON SUTTISAK	BRONZE
121	06-DEC-2019 09:47	 PHILIPPINES	ATHLETICS - MARATHON (F)		HALLASGO CHRISTINE	GOLD
122	06-DEC-2019 09:47	 PHILIPPINES	ATHLETICS - MARATHON (F)		TABAL MARY JOY	SILVER
123	06-DEC-2019 09:47	 VIETNAM	ATHLETICS - MARATHON (F)		PHAM THI HONG LE	BRONZE
124	06-DEC-2019 09:36	 INDONESIA	ATHLETICS - MARATHON (M)		PRAYOGO AGUS	GOLD

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
125	06-DEC-2019 09:36	 THAILAND	ATHLETICS - MARATHON (M)		NAMKHET SANCHAI	SILVER
126	06-DEC-2019 09:36	 MALAYSIA	ATHLETICS - MARATHON (M)		MOHAMAD MUHAIZAR	BRONZE
127	08-DEC-2019 18:51	 PHILIPPINES	ATHLETICS - POLE VAULT (F)		UY NATALIE ROSE	GOLD
128	08-DEC-2019 18:51	 THAILAND	ATHLETICS - POLE VAULT (F)		CHOMCHUENDEE CHAYANISA	SILVER
129	08-DEC-2019 18:51	 THAILAND	ATHLETICS - POLE VAULT (F)		KHABUT CHONTHICHA	BRONZE
130	07-DEC-2019 18:59	 PHILIPPINES	ATHLETICS - POLE VAULT (M)		OBIENA ERNEST JOHN	GOLD
131	07-DEC-2019 18:59	 THAILAND	ATHLETICS - POLE VAULT (M)		PURAHONG PORRANOT	SILVER
132	07-DEC-2019 18:59	 MALAYSIA	ATHLETICS - POLE VAULT (M)		ALWI ISKANDAR	BRONZE
133	10-DEC-2019 17:03	 THAILAND	ATHLETICS - SHOT PUT (F)		INTADIS AREERAT	GOLD

LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
134	10-DEC-2019 17:03	 INDONESIA	ATHLETICS - SHOT PUT (F)		EKAWATI EKI FEBRI	SILVER
135	10-DEC-2019 17:03	 THAILAND	ATHLETICS - SHOT PUT (F)		SAOWAPHAIBOON ATHIMA	BRONZE
136	08-DEC-2019 20:08	 PHILIPPINES	ATHLETICS - SHOT PUT (M)		MORRISON WILLIAM III	GOLD
137	08-DEC-2019 20:08	 MALAYSIA	ATHLETICS - SHOT PUT (M)		ZOLKEFLI MUHAMMAD ZIYAD	SILVER
138	08-DEC-2019 20:08	 THAILAND	ATHLETICS - SHOT PUT (M)		JUNTIMA PROMROB	BRONZE
139	08-DEC-2019 18:18	 THAILAND	ATHLETICS - TRIPLE JUMP (F)		CHUAIMAROENG PARINYA	GOLD
140	08-DEC-2019 18:18	 INDONESIA	ATHLETICS - TRIPLE JUMP (F)		LONDA MARIA NATALIA	SILVER
141	08-DEC-2019 18:18	 VIETNAM	ATHLETICS - TRIPLE JUMP (F)		VU THI MEN	BRONZE
142	10-DEC-2019 17:41	 MALAYSIA	ATHLETICS - TRIPLE JUMP (M)		ISMAIL MUHAMMAD HAKIMI	GOLD



LIST OF MEDALISTS

NO	AWARDED ON	CONTINGENT	EVENT	ATHLETE'S PHOTO	ATHLETE'S NAME	MEDAL
143	10-DEC-2019 17:41	 PHILIPPINES	ATHLETICS - TRIPLE JUMP (M)		DIONES MARK HARRY	SILVER
144	10-DEC-2019 17:41	 INDONESIA	ATHLETICS - TRIPLE JUMP (M)		SAPWATURRAHMAN	BRONZE



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	9.91	Ogunode Femi Seun	QAT	Wuhan (CHN)	4 JUN 2015
ASIAN Record	9.91	Bingtian Su	CHN	Madrid (SEL)	22 JUN 2018
SEA GAMES Record	10.17	Suryo Agung Wibowo	INA	Vientiane (LAO)	13 DEC 2009

100m, Men

8 DEC 2019 / 10:00

Heat 1 of 2

Wind: -0.1m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	736	SOWAN Cpl. Ruttanapon	10 JAN 1994	THA	0.174	10.34	SB Q
2	406	HANAFI Muhammad Haiqal	29 APR 1999	MAS	0.156	10.39	Q
3	203	ABINA Mochammad Bisma	21 JUN 1995	INA	0.180	10.72	Q
4	103	PEN Sokong	5 MAR 1994	CAM	0.174	10.87	SB q
5	503	MOE Lwin	8 MAY 1999	MYA	0.188	11.10	
	2	CRAY Eric Chauwn Brazas R. 162.7	6 NOV 1988	PHI	0.000	DQ	

100m, Men

8 DEC 2019 / 10:10

Heat 2 of 2

Wind: 0.0m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	708	CHUANGCHAI Lac Bandit	22 JUL 1993	THA	0.182	10.50	SB Q
2	7	LOPENA Anfernee Talaboc	2 NOV 1994	PHI	0.134	10.61	=SB Q
3	418	NYEPA Jonathan Anak	26 MAR 1996	MAS	0.156	10.65	Q
4	210	PRADANA Adith Rico	7 MAR 2001	INA	0.190	10.82	q
5	301	KHENTAN ONE Nanthavath	18 FEB 1997	LAO	0.178	11.30	
6	105	TORT Salin	29 JAN 1998	CAM	0.170	11.38	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	9.91	Ogunode Femi Seun	QAT	Wuhan (CHN)	4 JUN 2015
ASIAN Record	9.91	Bingtian Su	CHN	Madrid (SEL)	22 JUN 2018
SEA GAMES Record	10.17	Suryo Agung Wibowo	INA	Vientiane (LAO)	13 DEC 2009

100m, Men

8 DEC 2019 / 17:50

Final Wind: I:-0.1 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	406	HANAFI Muhammad Haiqal	29 APR 1999	MAS	0.144	10.35	
2	736	SOWAN Cpl. Ruttanapon	10 JAN 1994	THA	0.178	10.49	
3	708	CHUANGCHAI Lac Bandit	22 JUL 1993	THA	0.194	10.52	
4	418	NYEPA Jonathan Anak	26 MAR 1996	MAS	0.120	10.60	
5	7	LOPENA Anfernee Talaboc	2 NOV 1994	PHI	0.164	10.61	SB
6	203	ABINA Mochammad Bisma	21 JUN 1995	INA	0.168	10.73	
7	210	PRADANA Adith Rico	7 MAR 2001	INA	0.190	10.75	
8	103	PEN Sokong	5 MAR 1994	CAM	0.164	10.88	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	19.88	Zhenye Xie	CHN	London (GBR)	21 JUL 2019
SEA GAMES Record	20.69	Reanchai Seecharwong	THA	Bandar Seri Begawan (BRU)	10 AUG 1999

200m, Men

7 DEC 2019 / 09:15

Heat 1 of 2

Wind: -0.1m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	727	PUNPA Siripol	9 SEP 1999	THA	0.194	21.05	Q
2	204	ADI Joko Kuncoro	13 SEP 1997	INA	0.186	21.66	SB Q
3	418	NYEPA Jonathan Anak	26 MAR 1996	MAS	0.146	21.68	Q
4	503	MOE Lwin	8 MAY 1999	MYA	0.182	22.33	
5	301	KHENTAN ONE Nanthavath	18 FEB 1997	LAO	0.158	22.87	
6	105	TORT Salin	29 JAN 1998	CAM	0.170	23.17	
	919	TRAN Nhat Hoang	31 MAY 2000	VIE	0.000	DNS	

200m, Men

7 DEC 2019 / 09:25

Heat 2 of 2

Wind: -0.1m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	715	KHONGPRASIT Chayut	31 JAN 1999	THA	0.184	21.08	SB Q
2	417	NASIR TAIB Russel Aleksander	4 MAY 1999	MAS	0.248	21.40	Q
3	215	RIMBAWAN Eko	29 JUL 1995	INA	0.194	21.65	Q
4	906	LUONG Van Thao	9 SEP 1995	VIE	0.244	21.69	SB q
5	612	YAP Timothee Jin Wei	5 NOV 1994	SGP	0.190	21.76	q
6	1001	AR-RASYID Mohammad Noor Firdaus	22 OCT 1996	BRU	0.168	21.84	
7	103	PEN Sokong	5 MAR 1994	CAM	0.180	22.33	



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RESULTS

ASIAN Record	19.88	Zhenye Xie	CHN	London (GBR)	21 JUL 2019
SEA GAMES Record	20.69	Reanchai Seeharwong	THA	Bandar Seri Begawan (BRU)	10 AUG 1999

200m, Men

7 DEC 2019 / 18:00

Final

Wind: 1:0.0 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	715	KHONGPRASIT Chayut	31 JAN 1999	THA	0.180	20.71	SB
2	727	PUNPA Siripol	9 SEP 1999	THA	0.184	20.78	SB
3	417	NASIR TAIB Russel Aleksander	4 MAY 1999	MAS	0.184	21.11	
4	906	LUONG Van Thao	9 SEP 1995	VIE	0.208	21.14	SB
5	215	RIMBAWAN Eko	29 JUL 1995	INA	0.180	21.22	SB
6	204	ADI Joko Kuncoro	13 SEP 1997	INA	0.174	21.40	SB
7	418	NYEPA Jonathan Anak	26 MAR 1996	MAS	0.156	21.41	
8	612	YAP Timothee Jin Wei	5 NOV 1994	SGP	0.166	21.56	



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RESULTS

ASIAN Record	43.93	Al-Masrahi Youssef Ahmed	KSA	Beijing (CHN)	23 AUG 2015
SEA GAMES Record	46.00	Kunanon Sukkaew	THA	Kallang (SGP)	12 JUN 2015

400m, Men

8 DEC 2019 / 11:00

Heat 1 of 2

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	918	TRAN Dinh Son	1 DEC 1997	VIE	0.182	46.92	Q
2	412	KHAIRUL AKMAL Luqmanul Hakim	25 JAN 1999	MAS	0.148	47.56	Q
3	11	DEL PRADO Michael Carlo Grafilo	17 JAN 1995	PHI	0.170	47.58	Q
4	716	KONGKRAPHAN Nattapong	29 MAY 1998	THA	0.212	47.95	
5	608	MUNCHERJI Zubin Percy	23 JUN 1996	SGP	0.192	48.75	
6	801	ATAIDE Manuel Belo Amara	9 MAR 2001	TLS	0.220	52.18	

400m, Men

8 DEC 2019 / 11:10

Heat 2 of 2

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	919	TRAN Nhat Hoang	31 MAY 2000	VIE	0.176	47.06	Q
2	739	SUNTHONTHUAM Phitchaya	31 AUG 1999	THA	0.194	47.43	Q
3	611	TAN Zong Yang	11 JUN 1994	SGP	0.162	47.56	Q
4	18	SEQUITA Joyme Albao	3 JUL 1994	PHI	0.228	47.76	q
5	422	SAIFUDDIN Muhammad Saiful Safwan	30 JAN 1999	MAS	0.170	47.77	q
6	506	ZAW Min Min	7 JUL 2001	MYA	0.349	50.55	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	43.93	Al-Masrahi Youssef Ahmed	KSA	Beijing (CHN)	23 AUG 2015
SEA GAMES Record	46.00	Kunanon Sukkaew	THA	Kallang (SGP)	12 JUN 2015

400m, Men
Final

8 DEC 2019 / 20:10

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	919	TRAN Nhat Hoang	31 MAY 2000	VIE	0.196	46.56	
2	918	TRAN Dinh Son	1 DEC 1997	VIE	0.220	46.68	
3	739	SUNTHONTHUAM Phitchaya	31 AUG 1999	THA	0.196	46.98	SB
4	18	SEQUITA Joyme Albao	3 JUL 1994	PHI	0.154	47.71	
5	11	DEL PRADO Michael Carlo Grafilo	17 JAN 1995	PHI	0.278	47.74	
6	611	TAN Zong Yang	11 JUN 1994	SGP	0.184	47.93	
7	422	SAIFUDDIN Muhammad Saiful Safwan	30 JAN 1999	MAS	0.146	48.11	
	412	KHAIRUL AKMAL Luqmanul Hakim	25 JAN 1999	MAS	0.000	DNS	



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RESULTS

ASIAN Record	1:42.79	Kamel Youssef Saad	BRN	Monaco (MCO)	29 JUL 2008
SEA GAMES Record	1:48.29	Samson Vellabouy	MAS	Kuala Lumpur (MAS)	14 AUG 1989

800m, Men

9 DEC 2019 / 19:40

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	903	DUONG Van Thai	28 APR 1992	VIE	1:49.91	SB
2	17	LILLY Carter James Matheus	19 OCT 1995	PHI	1:50.17	
3	427	VINCENT Royson	2 MAR 1996	MAS	1:50.68	
4	724	PLEENARAM Jirayu	9 FEB 1996	THA	1:51.68	
5	101	CHHUN Bunthorn	31 MAY 1993	CAM	1:52.33	SB
6	920	TRAN Van Dang	5 FEB 2000	VIE	1:53.09	
7	404	AZMAN Putra Azrul Syazwan	8 MAY 1997	MAS	1:53.46	
8	506	ZAW Min Min	7 JUL 2001	MYA	1:54.01	SB
9	5	VILOG Marco Ragasa	30 JUL 1991	PHI	1:54.22	
10	801	ATAIDE Manuel Belo Amara	9 MAR 2001	TLS	2:00.84	
11	802	BELO AMARAL SOARES Roberto	3 MAY 2002	TLS	2:01.64	

Intermediate Times - Final

400m	52.12	17	LILLY Carter James Matheus	PHI
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PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	3:29.14	Ramzi Rashid	BRN	Roma (ITA)	14 JUL 2006
SEA GAMES Record	3:45.31	Nguyen Dinh Cuong	VIE	Nakhon Ratchasima (THA)	11 DEC 2007

1500m, Men

8 DEC 2019 / 17:30

Final

Rank	Bib	Name	Date of Birth	NOC	Result
1	903	DUONG Van Thai	28 APR 1992	VIE	4:06.63
2	30	MASANO Mariano Reduban	25 JAN 1998	PHI	4:08.27
3	746	YAPRAJAN Yothin	8 MAY 1992	THA	4:08.90
4	101	CHHUN Bunthorn	31 MAY 1993	CAM	4:12.75
5	802	BELO AMARAL SOARES Roberto	3 MAY 2002	TLS	4:15.51

Intermediate Times - Final

400m	1:10.67	802	BELO AMARAL SOARES Roberto	TLS
800m	2:22.53	802	BELO AMARAL SOARES Roberto	TLS
1200m	3:28.77	746	YAPRAJAN Yothin	THA



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	12:51.96	Rop Albert	BRN	Monaco (MCO)	19 JUL 2013
SEA GAMES Record	14:04.82	Nguyen Van Lai	VIE	Kallang (SGP)	9 JUN 2015

5000m, Men

9 DEC 2019 / 08:30

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	742	TUNTIVATE Kieran	16 FEB 1997	THA	14:31.15	
2	913	NGUYEN Van Lai	10 JUN 1986	VIE	14:32.42	SB
3	35	WAGDOS Sonny Montenegro	3 JUL 1993	PHI	14:34.73	SB
4	803	DE DEUS Felisberto	7 JUN 1999	TLS	14:35.57	
5	212	PRAYOGO Agus	23 AUG 1985	INA	14:47.48	
6	711	INNUM Nattawut	2 FEB 1994	THA	14:48.68	SB
7	413	KRISHNAN Prabudass	30 AUG 1990	MAS	14:56.75	
8	302	THAMMAVONGCHITH Sysavath	25 FEB 1991	LAO	15:51.07	
9	102	MA Viro	13 APR 1987	CAM	17:19.95	
	217	SYIANTURI Robi	8 JAN 1998	INA	DNS	

Intermediate Times - Final

1000m	2:53.90	212	PRAYOGO Agus	INA
2000m	5:44.55	212	PRAYOGO Agus	INA
3000m	8:47.62	212	PRAYOGO Agus	INA
4000m	11:47.12	212	PRAYOGO Agus	INA



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	26:38.76	Hassan Abdullah Ahmad	QAT	Bruxelles (BEL)	5 SEP 2003
SEA GAMES Record	29:16.62	Eduardo Buenavista	PHI	Hanoi (VIE)	7 DEC 2003

10000m, Men

7 DEC 2019 / 18:10

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	742	TUNTIVATE Kieran	16 FEB 1997	THA	30:19.28	SB
2	212	PRAYOGO Agus	23 AUG 1985	INA	30:22.13	
3	913	NGUYEN Van Lai	10 JUN 1986	VIE	30:29.73	
4	902	DO Quoc Luat	12 FEB 1993	VIE	30:49.59	SB
5	803	DE DEUS Felisberto	7 JUN 1999	TLS	30:52.22	
6	711	INNUM Nattawut	2 FEB 1994	THA	31:30.53	
7	34	SALAÑO Richard San Luis	24 SEP 1991	PHI	32:47.91	
8	217	SYIANTURI Robi	8 JAN 1998	INA	33:14.02	

Intermediate Times - Final

1000m	3:01.76	212	PRAYOGO Agus	INA
2000m	6:01.30	212	PRAYOGO Agus	INA
3000m	9:02.04	212	PRAYOGO Agus	INA
4000m	12:03.68	212	PRAYOGO Agus	INA
5000m	15:07.43	212	PRAYOGO Agus	INA
6000m	18:11.59	212	PRAYOGO Agus	INA
7000m	21:17.33	212	PRAYOGO Agus	INA
8000m	24:22.65	212	PRAYOGO Agus	INA
9000m	27:29.88	803	DE DEUS Felisberto	TLS



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	2:04:43	El Abbassi El Hassan	BRN	Valencia (ESP)	2 DEC 2018
SEA GAMES Record	2:20:27	Eduardus Nabunome	INA	Jakarta (INA)	19 OCT 1997

Marathon, Men

6 DEC 2019 / 05:45

Length: 42.195km - Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	212	PRAYOGO Agus	23 AUG 1985	INA	2:26:48	SB
2	719	NAMKHET Sanchai	16 DEC 1989	THA	2:27:18	SB
3	416	MOHAMAD Muhaizar	22 MAR 1985	MAS	2:33:08	
4	209	PASARIBU Welman David	23 SEP 1993	INA	2:33:47	SB
5	36	ZABALA Jerald Mailla	9 AUG 1988	PHI	2:37:20	
6	31	NERZA Anthony Simpliciano	4 AUG 1989	PHI	2:39:38	
7	606	LIM Wei Xiang Gordon	7 FEB 1993	SGP	2:46:31	
8	804	DE DEUS MAIA Romenio	5 MAY 1995	TLS	2:50:12	
9	607	LOH Yuting	17 MAR 1989	SGP	2:51:44	
10	104	TAKIZAKI Kuniaki	8 AUG 1977	CAM	2:53:34	
	102	MA Viro	13 APR 1987	CAM	DNF	
	723	PAYNE Tony Ah-Thit	13 JAN 1989	THA	DNF	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	12.88	Xiang Liu	CHN	Lausanne (SUI)	11 JUL 2006
SEA GAMES Record	13.69	Jamras Rittidet	THA	Kallang (SGP)	11 JUN 2015

110m Hurdles, Men (1.067m)

9 DEC 2019 / 18:40

Final Wind: 1:-0.2 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	9	BAUTISTA Clinton Kingsley	5 NOV 1992	PHI	0.156	13.97	SB
2	428	WAN SOFIAN Rayzam Shah	11 JAN 1988	MAS	0.214	13.97	
3	304	XAYSA Anousone	20 MAR 1994	LAO	0.164	13.99	
4	208	MAHOLTRA Rio	28 DEC 1993	INA	0.167	14.06	SB
5	717	KWANYUEN Phanuwat	5 JUL 1998	THA	0.176	14.23	SB
6	602	AWYONG Liang Qi	13 JAN 1995	SGP	0.176	14.31	SB
7	20	VERGEL Alvin John Kaw Boon	8 MAR 1997	PHI	0.178	14.46	SB
8	601	ANG Chen Xiang	3 JUL 1994	SGP	0.148	14.49	
9	709	DANSUNGNOEN Natthapon	16 SEP 1997	THA	0.178	15.40	



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RESULTS

ASIAN Record	46.98	Samba Abderrahmane	QAT	Paris (FRA)	30 JUN 2018
SEA GAMES Record	49.40	Eric Cray	PHI	Kallang (SGP)	10 JUN 2015

400m Hurdles, Men (0.92m)

10 DEC 2019 / 17:30

Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	2	CRAY Eric Shauwn Brazas	6 NOV 1988	PHI	0.162	50.21	SB
2	205	BINSAR Halomoan Edwin	20 DEC 2000	INA	0.212	50.81	SB
3	917	QUACH Cong Lich	27 AUG 1993	VIE	0.228	51.60	
4	13	MEDINA Francis Tiaga	28 JUL 1996	PHI	0.240	51.68	
5	915	PHAN Khac Hoang	5 DEC 1996	VIE	0.242	52.30	
6	609	OW YEONG Wei Bin	8 APR 1998	SGP	0.174	52.46	SB
7	420	ROSELI Ruslem Zikry Putra	13 MAR 2000	MAS	0.232	52.56	SB
8	741	THUMCHA Witthawat	25 JAN 1998	THA	0.146	52.65	SB
9	726	PRASERTSAB Thanawit	21 JUN 1997	THA	0.242	54.85	



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RESULTS

ASIAN Record	7:53.63	Shaheen Saif Saeed	QAT	Bruxelles (BEL)	3 SEP 2004
SEA GAMES Record	8:40.77	Eduardo Buenavista	PHI	Kuala Lumpur (MAS)	12 DEC 2001

3000m Steeplechase, Men (0.914m)

10 DEC 2019 / 18:10

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	902	DO Quoc Luat	12 FEB 1993	VIE	9:04.50	SB
2	912	NGUYEN Trung Cuing	27 FEB 2000	VIE	9:04.54	SB
3	213	PURWANTO Atjong Tio	17 OCT 1991	INA	9:10.02	
4	405	HAMIZAN Ahmad Luth	8 APR 1992	MAS	9:29.91	
	25	GOBOTIA Junel Sergio	24 APR 1998	PHI	DQ	
		R. 163.3 (b)				



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	1:16:36	Suzuki Yusuke	JPN	Nomi (JPN)	15 MAR 2015
SEA GAMES Record	1:29:13	Harbans Singh Narinde	MAS	Jakarta (INA)	14 OCT 1997

20km Race Walk, Men

9 DEC 2019 / 06:15

Length: 20km - Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	201	HENDRO	25 JAN 1990	INA	1:31:20	
2	921	VO Xuan Vinh	10 MAY 1991	VIE	1:31:38	
3	504	NYI NYI MOE Mine	13 SEP 2001	MYA	1:33:25	SB
4	505	TUN Pyae Pho	3 DEC 1999	MYA	1:33:46	SB
5	211	PRASETYO Bayu	3 JAN 1998	INA	1:38:21	
6	909	NGUYEN Thanh Ngung	8 APR 1992	VIE	1:38:41	
7	707	CHONDUANG Kittihong	28 APR 1991	THA	1:43:53	
8	738	SRIWICHAJ Artid	4 FEB 1996	THA	1:44:26	SB
	407	HARUN Muhammad Khairil Harith	2 MAR 1992	MAS	DQ	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	2.43	Barshim Mutaz Essa	QAT	Bruxelles (BEL)	5 SEP 2014
SEA GAMES Record	2.24	Loo Kum Zee	MAS	Chiang Mai (THA)	14 DEC 1995
SEA GAMES Record	2.24	Nauraj Singh Randhawa	MAS	Bukit Jalil (MAS)	26 AUG 2017
SEA GAMES Record	2.24	Lee Hup Wei	MAS	Bukit Jalil (MAS)	26 AUG 2017

High Jump, Men

Final

8 DEC 2019 / 18:40

Rank	Bib	Name	Date of Birth							NOC				Result			
			1.85	1.90	1.95	2.00	2.04	2.08	2.12	2.15	2.18	2.21	2.23	2.25			
1	415	LEE Hup Wei						5 MAY 1987			MAS				2.21		
		-	-	-	-	-		O	-	O	-	XO	-	XXX			
2	419	RANDHAWA Nauraj Singh					O	27 JAN 1992			MAS				2.21		
		-	-	-	-		O	-	O	XXO	O	XO	XXX				
3	713	KAEODAM Tawan					O	30 SEP 1999			THA				2.15		
		-	-	-	O	O		O	XXO	XO	XXX						
4	735	SITTICHAH Saksit					O	25 JUN 1999			THA				2.15		
		-	-	-	O	O		XXO	XO	XXO	XXX						
5	922	VU Duc Anh						6 FEB 1998			VIE				2.12		
		-	-	-	-	-		O	O	XXX							
6	910	NGUYEN Thanh Nham						27 JUL 1994			VIE				2.08		
		-	-	-	XO	O		O	XXX								
7	605	KAM Kampton						6 MAR 2001			SGP				2.08		
		-	-	-	O	O		XXO	XXX								
8	28	GROSPE Leonard Cantillo						2 JUL 2001			PHI				2.04		
		-	O	O	O	XO		XXX									

SB



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	8.48	Al-Khuwailidi Mohamed S.	KSA	Sotteville (Frau)	2 JUL 2006
SEA GAMES Record	7.87	Henry Dagmil	PHI	Nakhon Ratchasima (THA)	10 DEC 2007

Long Jump, Men

Final

7 DEC 2019 / 17:45

Rank	Bib	Name	Date of Birth	NOC	Result	Wind	
- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -		
1	202	SAPWATURRAHMAN	13 MAY 1994	INA	8.03	+0.6	GR
		7.24	7.79	7.60	8.03	x	
		0.0	+0.1	-0.2	+0.6	-0.1	
2	403	ANURA Andre	12 JUN 1999	MAS	8.02	-0.1	SB
		x	x	7.46	7.74	x	
		-0.1	0.0	0.0	0.0	-0.1	
3	734	SINGKHON Suttisak	5 OCT 1996	THA	7.89	+0.4	SB
		7.60	x	x	7.89	5.87	
		0.0	-0.9	0.0	+0.4	0.0	
4	911	NGUYEN Tien Trong	9 MAR 1997	VIE	7.67	-0.4	
		7.67	7.64	7.57	x	7.40	
		-0.4	0.0	0.0	+0.3	0.0	
5	6	UBAS Janry Borinaga	2 JAN 1994	PHI	7.62	0.0	
		x	x	7.28	x	7.62	
		0.0	-0.2	+0.3	-0.6	0.0	
6	914	PHAM Van Lam	20 MAY 1992	VIE	7.59	-0.5	
		7.42	7.56	7.50	7.35	7.32	
		-0.5	+0.1	+0.5	0.0	-0.2	
7	730	SAENBUAKHAM Saran	15 DEC 1997	THA	7.23	+0.1	
		x	7.09	7.01	6.90	7.23	
		0.0	0.0	-0.4	-0.8	+0.1	
8	26	GOMEZ Algin Cortez	28 JAN 2001	PHI	7.07	-0.6	
		x	6.94	7.07	6.75	x	
		+0.1	0.0	-0.6	-0.1		
9	303	VONGSAVANH Xaidavanh	8 OCT 2000	LAO	7.04	0.0	
		7.01	6.79	7.04			
		0.0	0.0	0.0			

Starting order	1	2	3	4	5	6	7	8	9
Try 1-3	914	734	6	403	26	730	911	202	303
Try 4-6	26	730	6	403	914	734	911	202	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	17.59	Yanxi Li	CHN	Jinan (CHN)	26 OCT 2009
SEA GAMES Record	16.77	Muhammad Hakimi Ismail	MAS	Bukit Jalil (MAS)	23 AUG 2017

Triple Jump, Men

Final

10 DEC 2019 / 16:30

Rank	Bib	Name	Date of Birth	NOC	Result	Wind	
		- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -
1	408	ISMAIL Muhammad Hakimi	8 APR 1991	MAS	16.68	-0.2	SB
		16.27	16.28	<u>16.68</u>	16.33	16.09	15.95
		-0.1	-0.2	-0.2	-0.2	-0.2	-0.2
2	3	DIONES Mark Harry Aloto	3 JAN 1993	PHI	16.42	-0.2	SB
		15.74	16.04	16.37	16.08	16.30	<u>16.42</u>
		-0.1	-0.1	-0.1	-0.2	-0.2	-0.2
3	202	SAPWATURRAHMAN	13 MAY 1994	INA	16.21	-0.2	
		x	<u>16.21</u>	x	15.74	x	15.88
		-0.3	-0.2	-0.2	-0.2	-0.2	-0.1
4	740	TEPPARAK Pratchaya	1 SEP 1993	THA	16.09	-0.1	
		15.95	15.99	x	15.26	x	<u>16.09</u>
		-0.1	-0.1	-0.2	-0.2	-0.2	-0.1
5	403	ANURA Andre	12 JUN 1999	MAS	16.00	-0.2	
		<u>16.00</u>	15.23	14.34	x	15.22	x
		-0.2	-0.1	-0.2	-0.3	-0.3	-0.2
6	14	MALIPAY Ronne Auxillo	29 AUG 1993	PHI	15.82	-0.2	SB
		x	x	<u>15.82</u>	x	-	x
		0.0	-0.2	-0.2	-0.1	-	-0.2
7	704	BOONNUN Supot	10 JUL 1996	THA	14.67	-0.1	
		x	x	x	<u>14.67</u>	13.90	x
		-0.1	-0.1	-0.3	-0.1	-0.2	0.0
	911	NGUYEN Tien Trong	9 MAR 1997	VIE	DNS		

Starting order	1	2	3	4	5	6	7	8
Try 1-3	3	403	408	911	740	202	704	14
Try 4-5	704	14	740	403	202	3	408	
Try 6	704	14	740	403	202	3	408	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	5.92	Potapovich Igor	KAZ	Stockholm (SWE)	19 FEB 1998
SEA GAMES Record	5.35	Porrannot Puraong	THA	Kuala Lumpur (MAS)	24 AUG 2017

Pole Vault, Men

Final

7 DEC 2019 / 17:30

Rank	Bib	Name	Date of Birth							NOC	Result	
			4.60	4.80	5.00	5.20	5.30	5.36	5.45	5.55		
1	1	OBIENA Ernest John Uy	-	-	-	O	O	O	O	XXX	5.45	GR
2	728	PURAHONG Porrannot	-	-	XO	O	XXX	25 NOV 1995	THA		5.20	=SB
3	402	ALWI Iskandar	-	O	XO	XXX	26 FEB 1994	MAS			5.00	
4	216	SAPUTRA Frederick	-	O	XXX		21 JUL 1996	INA			4.80	
5	37	DELOS SANTOS Hokett Salvador	O	XXX			28 OCT 2002	PHI			4.60	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	21.13	Al-Hebshi Sultan Abdulm.	KSA	Doha (QAT)	8 MAY 2009
SEA GAMES Record	17.74	Chatchawal Polyiam	THA	Palembang (INA)	13 NOV 2011

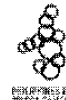
Shot Put, Men (7.62kg)

Final

8 DEC 2019 / 19:25

Rank	Bib	Name	Date of Birth	NOC	Result	
- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -	
1	16	MORRISON William III Edward	23 NOV 1996	PHI	18.38	GR
	16.93	18.17	18.23	x	x	
2	429	ZOLKEFLI Muhammad Ziyad	15 MAR 1990	MAS	17.03	SB
	16.62	16.55	16.97	16.87	16.39	
3	712	JUNTIMA Promrob	18 FEB 1988	THA	16.40	SB
	15.81	15.90	x	x	16.17	
4	714	KHACHIN Thawat	30 AUG 1994	THA	15.87	
	14.41	15.09	15.68	15.87	x	
5	12	MANTUA John Albert Casol	25 DEC 1992	PHI	15.85	
	15.24	15.76	15.57	15.57	x	
6	916	PHAN Thanh Binh	5 APR 1995	VIE	14.59	
	x	x	x	14.59	x	14.46

Starting order	1	2	3	4	5	6
Try 1-3	12	714	916	712	16	429
Try 4-5	916	714	12	712	429	16
Try 6	916	12	714	712	429	16



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	69.32	Haddadi Ehsan	IRI	Tallinn (EST)	3 JUN 2008
SEA GAMES Record	59.50	Wong Tuck Yim	SGP	Bandar Seri Begawan (BRU)	8 AUG 1999

Discus Throw, Men (2kg)

Final 10 DEC 2019 / 18:00

Rank	Bib	Name	Date of Birth	NOC	Result	
- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -	
1	423	SHAMSHUDDIN Muhammad Irfan	16 AUG 1995	MAS	57.29	
		57.29	x	x	-	
2	16	MORRISON William III Edward	23 NOV 1996	PHI	51.38	
		x	51.38	50.80	50.53	50.62
3	702	BENJAROON Narong	8 JUN 1986	THA	51.29	SB
		49.86	50.12	x	51.29	x
4	414	LEE Abdul Rahman	17 AUG 1998	MAS	51.19	
		49.25	50.42	49.78	48.69	49.94
5	916	PHAN Thanh Binh	5 APR 1995	VIE	48.46	SB
		48.46	45.15	x	45.31	46.42
6	733	SILAMOOL Thongchai	23 DEC 1999	THA	48.38	SB
		42.62	39.75	47.21	48.38	47.41
7	12	MANTUA John Albert Casol	25 DEC 1992	PHI	47.59	
		x	45.68	47.59	x	x
8	613	YEE Chun Wai Eric	1 MAR 1999	SGP	47.08	
		44.09	46.60	x	46.71	46.21
9	610	SEE Wei Ren Brian	1 MAR 1996	SGP	43.74	
		x	43.71	43.74		

Starting order	1	2	3	4	5	6	7	8	9
Try 1-3	733	610	414	702	916	423	613	16	12
Try 4-5	613	733	12	916	702	414	16	423	
Try 6	613	12	733	916	414	702	16	423	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	91.36	Chao-Tsun Cheng	TPE	Taipei (TPE)	26 AUG 2017
SEA GAMES Record	76.30	Peerachet Jantra	THA	Naypyidaw (MYA)	17 DEC 2013

Javelin Throw, Men (800g)

Final

9 DEC 2019 / 17:50

Rank	Bib	Name	Date of Birth	NOC	Result	
	- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -
1	8	CALANO Melvin Nolasco	12 JAN 1991	PHI	72.86	SB
	69.66	70.22	71.49	<u>72.86</u>	65.26	71.25
2	206	HAFIZ Abd	1 SEP 1995	INA	71.00	SB
	x	x	<u>71.00</u>	x	x	69.42
3	908	NGUYEN Hoai Van	23 SEP 1993	VIE	70.88	SB
	66.49	<u>70.88</u>	70.11	x	x	68.88
4	27	GONZALES Kenny Bolido	9 MAR 1992	PHI	63.53	SB
	63.49	60.55	<u>63.53</u>	x	62.82	61.03
5	729	ROSCHA Wanchalerm	18 APR 1998	THA	60.35	
	x	<u>60.35</u>	x	x	58.49	x

Starting order	1	2	3	4	5
Try 1-3	206	908	27	729	8
Try 4-5	729	27	908	206	8
Try 6	729	27	908	206	8



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	84.86	Murofushi Koji	JPN	Praha (CZE)	29 JUN 2003
SEA GAMES Record	65.90	Jacky Wong Siew Cher	MAS	Bukit Jalil (MAS)	23 AUG 2017

Hammer Throw, Men (7.62kg)

Final

7 DEC 2019 / 18:15

Rank	Bib	Name	Date of Birth	NOC	Result	
- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -	
1	703	BOONMAWAN Kittipong	17 MAY 1996	THA	67.56	GR
	66.18	66.51	66.58	<u>67.56</u>	67.42	67.54
2	424	SIEW CHEER Jackie Wong	7 APR 1992	MAS	63.83	
	<u>63.83</u>	x	62.73	x	x	62.48
3	501	AUNG Ye Htet	7 DEC 1997	MYA	58.88	SB
	57.44	56.18	58.20	<u>58.88</u>	58.01	57.93
4	401	AJISAN Sadat Marzuqi	23 JAN 2001	MAS	57.35	SB
	x	54.92	56.44	55.60	<u>57.35</u>	57.27
5	10	FERRERA Arniel Benedicto	22 MAR 1981	PHI	57.26	SB
	55.75	54.67	x	<u>57.26</u>	56.26	56.38
6	721	PAKNAM Nattapon	4 MAY 1998	THA	52.65	
	x	48.58	<u>52.65</u>	x	52.03	x
7	214	PUTRA Rafika	23 JUL 1999	INA	51.88	
	x	50.67	51.28	x	x	<u>51.88</u>

Starting order	1	2	3	4	5	6	7
Try 1-3	703	501	10	214	424	721	401
Try 4-6	214	721	10	401	501	424	703



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	37.43	JAPAN	JPN	Doha (QAT)	5 OCT 2019
SEA GAMES Record	38.90	THAILAND	THA	Kuala Lumpur (MAS)	25 AUG 2017

4x100m, Men

9 DEC 2019 / 20:30

Final

Rank	Name	NOC	Rt	Result
1	THAILAND 1: 736, SOWAN Cpl. Ruttanapon (1994) 3: 718, MEENAPRA Jirapong (1993)	THA 2: 708, CHUANGCHAI Lac Bandit (1993) 4: 727, PUNPA Siripol (1999)	0.212	39.27
2	MALAYSIA 1: 411, KENNEDY Nixon Anak (1995) 3: 410, JANTAN Khairul Hafiz (1998)	MAS 2: 406, HANAFI Muhammad Haiqal (1999) 4: 417, NASIR TAIB Russel Aleksander (1999)	0.170	39.78
3	PHILIPPINES 1: 7, LOPENA Anfernee Talaboc (1994) 3: 13, MEDINA Francis Tiaga (1996)	PHI 2: 9, BAUTISTA Clinton Kingsley (1992) 4: 2, CRAY Eric Shauwn Brazas (1988)	0.156	40.04
4	INDONESIA 1: 210, PRADANA Adith Rico (2001) 3: 215, RIMBAWAN Eko (1995)	INA 2: 204, ADI Joko Kuncoro (1997) 4: 203, ABINA Mochammad Bisma (1995)	0.156	40.12



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	3:00.56	QATAR	QAT	Jakarta (INA)	30 AUG 2018
SEA GAMES Record	3:05.47	THAILAND	THA	Chiang Mai (THA)	15 DEC 1995

4x400m, Men

10 DEC 2019 / 19:30

Final

Rank	Name	NOC	Rt	Result
1	VIETNAM 1: 917, QUACH Cong Lich (1993) 3: 918, TRAN Dinh Son (1997)	VIE 2: 906, LUONG Van Thao (1995) 4: 919, TRAN Nhat Hoang (2000)	0.284	3:08.07
2	THAILAND 1: 705, CHAMSRI Apisit (1994) 3: 737, SRIPHA Thipthanet (1999)	THA 2: 716, KONGKRAPHAN Nattapong (1998) 4: 739, SUNTHONTHUAM Phitchaya (1999)	0.184	3:08.20
3	PHILIPPINES 1: 21, ALEJAN Edgardo Jr Geronga (1986) 3: 33, RAMIREZ Frederick Cabatu (1998)	PHI 2: 11, DEL PRADO Michael Carlo Grafilo (1995) 4: 18, SEQUITA Joyme Albao (1994)	0.162	3:08.63
4	MALAYSIA 1: 412, KHAIRUL AKMAL Luqmanul Hakim (1999) 3: 422, SAIFUDDIN Muhammad Saiful Safwan (1999)	MAS 2: 425, SUHAIMI Muhammad Ilham (2000) 4: 421, ROSLAN Abdul Wafy (1999)	0.150	3:09.80
5	SINGAPORE 1: 612, YAP Timothee Jin Wei (1994) 3: 603, BIN JANURI Ariff (1994)	SGP 2: 608, MUNCHERJI Zubin Percy (1996) 4: 611, TAN Zong Yang (1994)	0.168	3:12.35

Legend

GR...SEA GAMES Record

SB...Season Best

=SB...Equal Season Best

Q...Qualified by rank

q...Qualified by time



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	10.79	Xuemei Li	CHN	Shanghai (CHN)	18 OCT 1997
SEA GAMES Record	11.28	Lydia De Vega	PHI	Jakarta (INA)	16 SEP 1987

100m, Women

8 DEC 2019 / 09:20

Heat 1 of 2

Wind: 0.0m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	958	LE Tu Chinh	4 JUL 1997	VIE	0.154	11.61	SB Q
2	752	CHATTHA On-Uma	27 MAR 1997	THA	0.186	11.75	Q
3	659	PEREIRA Shanti Veronica	20 SEP 1996	SGP	0.174	11.77	Q
4	67	NELSON Zion Rose Corrales	11 OCT 1998	PHI	0.162	11.82	q
5	461	MOHAMAD Siti Fatima	25 MAR 1986	MAS	0.152	12.12	
6	260	MURTININGSIH Tyas	10 AUG 1997	INA	0.178	12.26	
7	151	DUONG Sreyphheap	8 APR 1996	CAM	0.172	13.06	SB

100m, Women

8 DEC 2019 / 09:30

Heat 2 of 2

Wind: -0.1m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	63	KNOTT Kristina Marie	25 SEP 1995	PHI	0.160	11.45	Q
2	470	ZULKIFLI Zaidatul Husniah	20 AUG 1993	MAS	0.148	11.68	Q
3	780	THIPAT Supawan	10 FEB 1994	THA	0.162	11.71	Q
4	267	TEHUPEIORY Alvin	5 APR 1995	INA	0.220	11.81	q
5	953	HA Thi Thu	29 JUL 1997	VIE	0.184	12.09	
6	353	PHA APHAY Silina	29 MAR 1996	LAO	0.192	12.31	
7	658	LIEW Bernice Yee Ling	28 DEC 2003	SGP	0.162	12.37	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	10.79	Xuemei Li	CHN	Shanghai (CHN)	18 OCT 1997
SEA GAMES Record	11.28	Lydia De Vega	PHI	Jakarta (INA)	16 SEP 1987

100m, Women

8 DEC 2019 / 17:40

Final Wind: 1:-0.5 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	958	LE Tu Chinh	4 JUL 1997	VIE	0.136	11.54	SB
2	63	KNOTT Kristina Marie	25 SEP 1995	PHI	0.158	11.55	
3	659	PEREIRA Shanti Veronica	20 SEP 1996	SGP	0.156	11.66	SB
4	780	THIPAT Supawan	10 FEB 1994	THA	0.168	11.74	
5	752	CHATTHA On-Uma	27 MAR 1997	THA	0.214	11.77	
6	470	ZULKIFLI Zaidatul Husniah	20 AUG 1993	MAS	0.152	11.84	
7	267	TEHUPEIORY Alvin	5 APR 1995	INA	0.224	11.88	
8	67	NELSON Zion Rose Corrales	11 OCT 1998	PHI	0.208	11.90	



ASIAN Record	22.01	Xuemei Li	CHN	Shanghai (CHN)	22 OCT 1997
SEA GAMES Record	23.30	Supavadee Khawpeag	THA	Kuala Lumpur (MAS)	15 SEP 2001

200m, Women

7 DEC 2019 / 08:50

Heat 1 of 2

Wind: 0.0m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	63	KNOTT Kristina Marie	25 SEP 1995	PHI	0.292	23.07	GR Q
2	267	TEHUPEIORY Alvin	5 APR 1995	INA	0.188	24.09	Q
3	953	HA Thi Thu	29 JUL 1997	VIE	0.202	24.45	Q
4	771	PAKDEE Kwanrutai	6 JAN 1993	THA	0.294	24.70	q
5	460	MAZLAN Nurul Faizah Asma	4 JUL 1991	MAS	0.296	25.00	SB
6	151	DUONG Sreyphheap	8 APR 1996	CAM	0.212	26.85	

200m, Women

7 DEC 2019 / 09:00

Heat 2 of 2

Wind: 0.0m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	958	LE Tu Chinh	4 JUL 1997	VIE	0.138	23.61	SB Q
2	659	PEREIRA Shanti Veronica	20 SEP 1996	SGP	0.194	23.94	Q
3	774	POOLKERD Supanich	28 NOV 1997	THA	0.194	24.23	Q
4	465	SELVARRETNAM Komalam Shally	23 AUG 1988	MAS	0.160	24.82	q
5	353	PHA APHAY Silina	29 MAR 1996	LAO	0.192	25.37	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	22.01	Xuemei Li	CHN	Shanghai (CHN)	22 OCT 1997
SEA GAMES Record	23.07	KNOTT Kristina Marie	PHI	Capas Tarlac (PHI)	7 DEC 2019

200m, Women

7 DEC 2019 / 17:50

Final Wind: 1:0.0 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	63	KNOTT Kristina Marie	25 SEP 1995	PHI	0.170	23.01	GR
2	958	LE Tu Chinh	4 JUL 1997	VIE	0.152	23.45	SB
3	659	PEREIRA Shanti Veronica	20 SEP 1996	SGP	0.200	23.77	
4	267	TEHUPEIORY Alvin	5 APR 1995	INA	0.188	23.82	
5	774	POOLKERD Supanich	28 NOV 1997	THA	0.254	24.05	
6	953	HA Thi Thu	29 JUL 1997	VIE	0.194	24.44	
7	771	PAKDEE Kwanrutai	6 JAN 1993	THA	0.236	24.54	
8	465	SELVARRETNAM Komalam Shally	23 AUG 1988	MAS	0.140	25.05	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

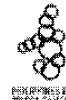
RESULTS

ASIAN Record	48.14	Nasser Salwa Eid	BRN	Doha (QAT)	3 OCT 2019
SEA GAMES Record	51.83	Nguyen Thi Tinh	VIE	Hanoi (VIE)	8 DEC 2003

400m, Women Final

8 DEC 2019 / 19:50

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	965	NGUYEN Thi Huye	19 MAY 1993	VIE	0.170	52.80	SB
2	770	ONUORAH Chinenye Josephine	4 OCT 2002	THA	0.210	53.81	SB
3	971	QUACH Thi Lan	18 OCT 1995	VIE	0.266	53.95	
4	782	WERUWANARAK Arisa	26 JUN 2003	THA	0.218	55.53	SB
5	257	KURNIAYANTI Dewi Ayu Agung	12 NOV 1994	INA	0.192	55.82	
6	265	SARI Sri Maya	24 APR 1994	INA	0.294	56.71	
7	72	RICHARDSON Kayla Anise Maico	17 APR 1998	PHI	0.224	57.34	
8	554	MON Thi Thi	18 JAN 1994	MYA	0.188	57.42	
9	462	MOHD YUSUF Fathin Faqihah	10 JUN 1996	MAS	0.184	58.12	



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

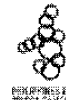
ASIAN Record	1:55.54	Dong Liu	CHN	Beijing (CHN)	9 SEP 1993
SEA GAMES Record	2:02.39	Truong Thanh Hang	VIE	Nakhon Ratchasima (THA)	8 DEC 2007

800m, Women

9 DEC 2019 / 19:05

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	951	DINH Thi Bich	25 NOV 1997	VIE	2:07.16	SB
2	956	KHUAT Phuong Anh	11 DEC 1997	VIE	2:08.24	
3	259	MANIK Agustina Mardika	18 JAN 1995	INA	2:09.61	SB
4	454	JOGINDER SINGH Savinder Kaur	19 JUN 1997	MAS	2:10.42	SB
5	655	GOH Chui Ling	27 NOV 1992	SGP	2:12.47	
6	852	FREITAS DE FATIMA ARAUJO Angela	6 OCT 2001	TLS	2:13.63	
7	555	MYINT Swe Li	24 JUL 1993	MYA	2:14.48	
8	554	MON Thi Thi	18 JAN 1994	MYA	2:14.78	SB
9	53	AMARGA Marisol Ervera	17 MAY 2000	PHI	2:17.95	
10	152	HENG Meyjou	14 MAY 1993	CAM	2:27.77	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	3:50.46	Yunxia Qu	CHN	Beijing (CHN)	11 SEP 1993
SEA GAMES Record	4:11.60	Truong Thanh Hang	VIE	Nakhon Ratchasima (THA)	7 DEC 2007

1500m, Women

8 DEC 2019 / 17:20

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	962	NGUYEN Oanh Thi	15 AUG 1995	VIE	4:17.31	SB
2	259	MANIK Agustina Mardika	18 JAN 1995	INA	4:22.60	SB
3	956	KHUAT Phuong Anh	11 DEC 1997	VIE	4:23.47	SB
4	852	FREITAS DE FATIMA ARAUJO Angela	6 OCT 2001	TLS	4:34.27	
5	454	JOGINDER SINGH Savinder Kaur	19 JUN 1997	MAS	4:36.29	
6	352	INTHAKOUMMAN Lodkeo	5 SEP 1995	LAO	4:41.81	
7	555	MYINT Swe Li	24 JUL 1993	MYA	5:20.12	
8	152	HENG Meyjou	14 MAY 1993	CAM	5:24.77	
9	558	THET Phyu War	5 NOV 1985	MYA	5:27.32	

Intermediate Times - Final

400m	1:05.94	962 NGUYEN Oanh Thi	VIE
800m	2:12.94	962 NGUYEN Oanh Thi	VIE
1200m	3:23.21	962 NGUYEN Oanh Thi	VIE



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	14:28.09	Bo Jiang	CHN	Shanghai (CHN)	23 OCT 1997
SEA GAMES Record	15:54.32	Triyaningsih	INA	Nakhon Ratchasima (THA)	8 DEC 2007

5000m, Women

10 DEC 2019 / 08:30

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	962	NGUYEN Oanh Thi	15 AUG 1995	VIE	16:45.98	SB
2	969	PHAM Thi Hue	26 SEP 1996	VIE	16:52.35	SB
3	61	GAGNAO Joida Gadot	23 APR 1996	PHI	17:52.17	
4	851	FATIMA MARTINS Rubia	13 JUN 2000	TLS	18:00.22	
5	553	MAL Nga	17 MAY 1997	MYA	19:26.95	
	558	THET Phyu War	5 NOV 1985	MYA	DNS	

Intermediate Times - Final

1000m	3:21.00	969	PHAM Thi Hue	VIE
2000m	6:47.29	969	PHAM Thi Hue	VIE
3000m	10:12.49	969	PHAM Thi Hue	VIE
4000m	13:38.20	969	PHAM Thi Hue	VIE



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New Clark City Stadium, 06-10 Dec 2019

RESULTS

ASIAN Record	29:31.78	Junxia Wang	CHN	Beijing (CHN)	8 SEP 1993
SEA GAMES Record	32:49.47	Triyaningsih	INA	Vientiane (LAO)	17 DEC 2009

10000m, Women

8 DEC 2019 / 08:30

Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	969	PHAM Thi Hue	26 SEP 1996	VIE	36:23.44	SB
2	967	PHAM Hong Le Thi	1 FEB 1998	VIE	36:32.24	SB
3	261	NAIBAHO Odekta Elvina	5 NOV 1991	INA	36:42.28	SB
4	251	TRIYANINGSIH		INA	37:54.18	
5	851	FATIMA MARTINS Rubia	13 JUN 2000	TLS	38:23.30	
6	553	MAL Nga	17 MAY 1997	MYA	42:24.55	
7	551	CHO Zin Mar	19 MAY 1993	MYA	42:53.92	

Intermediate Times - Final

1000m	3:29.53	251 TRIYANINGSIH	INA
2000m	7:12.71	251 TRIYANINGSIH	INA
3000m	10:59.87	251 TRIYANINGSIH	INA
4000m	14:49.01	251 TRIYANINGSIH	INA
5000m	18:42.44	251 TRIYANINGSIH	INA
6000m	22:40.35	251 TRIYANINGSIH	INA
7000m	26:10.05	967 PHAM Hong Le Thi	VIE
8000m	29:52.00	969 PHAM Thi Hue	VIE
9000m	33:15.30	967 PHAM Hong Le Thi	VIE



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RESULTS

ASIAN Record	2:19:12	Noguchi Mizuki	JPN	Berlin (GER)	25 SEP 2005
SEA GAMES Record	2:34:29	Ruwiwati	INA	Chiang Mai (THA)	13 DEC 1995

Marathon, Women

6 DEC 2019 / 06:00

Length: 42.195km - Final

Rank	Bib	Name	Date of Birth	NOC	Result	
1	62	HALLASGO Christine Organiza	28 NOV 1992	PHI	2:56:56	SB
2	52	TABAL Mary Joy Reyes	13 JUL 1989	PHI	2:58:49	
3	967	PHAM Hong Le Thi	1 FEB 1998	VIE	3:02:52	
4	762	JANTHACHIT Linda	26 MAR 1993	THA	3:04:41	SB
5	662	TEOH Dong Xian Serena	29 NOV 1987	SGP	3:14:38	
6	551	CHO Zin Mar	19 MAY 1993	MYA	3:30:38	SB
	657	HU Xiuying	8 OCT 1978	SGP	DNF	
	261	NAIBAHO Odekta Elvina	5 NOV 1991	INA	DNF	



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RESULTS

ASIAN Record	12.44	Shishigina Olga	KAZ	Luzern (SUI)	27 JUN 1995
SEA GAMES Record	12.85	Trecia Roberts	THA	Bandar Seri Begawan (BRU)	9 AUG 1999

100m Hurdles, Women (0.84m)

9 DEC 2019 / 09:20

Heat 1 of 2

Wind: +0.2m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	263	NOVA Emilia	20 AUG 1995	INA	0.172	13.60	Q
2	955	HUYNH Mz Tien Thi	24 MAR 1999	VIE	0.226	14.29	SB Q
3	60	ESCOTON Melissa Davalos	22 DEC 1997	PHI	0.164	14.38	Q
4	775	RIYAPHAN Padtamawan	20 APR 2000	THA	0.342	14.53	SB q
5	351	CHANTHAVONG Manivanh	12 DEC 1993	LAO	0.302	14.56	
6	153	CHAN LINA	27 FEB 1982	CAM	0.182	20.15	

100m Hurdles, Women (0.84m)

9 DEC 2019 / 09:30

Heat 2 of 2

Wind: +0.2m/s

First 3 in each heat (Q) and the next 2 fastest (q) advance to Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Q
1	972	TRAN Yen Hoa Thi	16 SEP 1990	VIE	0.222	14.04	Q
2	652	BINTE ZAINI Nur Izlyn	21 APR 1998	SGP	0.174	14.32	SB Q
3	767	MEESRI Suchada	11 NOV 1994	THA	0.174	14.32	Q
4	463	RAJA AZHAR Raja Nursheena	7 JUL 1991	MAS	0.210	14.40	q
5	70	PARAGILE Jelly Dianne Casalme	12 DEC 1997	PHI	0.166	14.58	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	12.44	Shishigina Olga	KAZ	Luzern (SUI)	27 JUN 1995
SEA GAMES Record	12.85	Trecia Roberts	THA	Bandar Seri Begawan (BRU)	9 AUG 1999

100m Hurdles, Women (0.84m)

9 DEC 2019 / 18:25

Final Wind: I:-0.1 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	263	NOVA Emilia	20 AUG 1995	INA	0.194	13.61	
2	972	TRAN Yen Hoa Thi	16 SEP 1990	VIE	0.230	13.75	SB
3	652	BINTE ZAINI Nur Izlyn	21 APR 1998	SGP	0.172	13.92	SB
4	767	MEESRI Suchada	11 NOV 1994	THA	0.186	14.08	
5	775	RIYAPHAN Padtamawan	20 APR 2000	THA	0.332	14.13	SB
6	955	HUYNH Mz Tien Thi	24 MAR 1999	VIE	0.222	14.14	SB
7	60	ESCOTON Melissa Davalos	22 DEC 1997	PHI	0.196	14.20	
8	463	RAJA AZHAR Raja Nursheena	7 JUL 1991	MAS	0.158	14.31	SB



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RESULTS

ASIAN Record	53.96	Qing Han	CHN	Beijing (CHN)	9 SEP 1993
ASIAN Record	53.96	Yinglan Song	CHN	Guangzhou (CHN)	22 NOV 2001
SEA GAMES Record	56.06	Nguyen Thi Huyen	VIE	Bukit Jalil (MAS)	22 AUG 2017

400m Hurdles, Women (0.762m)

10 DEC 2019 / 17:10

Final

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	
1	965	NGUYEN Thi Huye	19 MAY 1993	VIE	0.318	56.90	SB
2	971	QUACH Thi Lan	18 OCT 1995	VIE	0.286	57.39	
3	56	BROWN Robyn Lauren Crisostomo	27 JUL 1994	PHI	0.374	59.08	
4	54	BEJOY Bernalyn	9 JAN 2001	PHI	0.180	62.06	SB
5	769	NONTANAM Benny	15 MAY 2001	THA	0.226	62.07	SB



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RESULTS

ASIAN Record	8:52.78	Jebet Ruth	BRN	St Denis (FRA)	27 AUG 2016
SEA GAMES Record	10:00.58	Rini Budiarti	INA	Pelambang (INA)	12 NOV 2011

3000m Steeplechase, Women (0.762m) Final

10 DEC 2019 / 17:40

Rank	Bib	Name	Date of Birth	NOC	Result	
1	962	NGUYEN Oanh Thi	15 AUG 1995	VIE	10:00.02	GR
2	61	GAGNAO Joida Gadot	23 APR 1996	PHI	10:59.91	SB
3	266	SIHITE Pretty	21 DEC 1996	INA	11:05.93	SB
4	960	LO Thi Thang	9 NOV 1997	VIE	11:14.18	
5	653	CHAN Xue Rou Cheryl	20 SEP 1995	SGP	11:34.11	
6	352	INTHAKOUMMAN Lodkeo	5 SEP 1995	LAO	11:54.93	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record 41:37.90 Hongmiao Gao CHN Beijing (CHN) 7 APR 1994

10000m Race Walk, Women Final

8 DEC 2019 / 06:30

Rank	Bib	Name	Date of Birth	NOC	Result	
1	970	PHAM Thi Thu Trang	7 MAR 1998	VIE	52:59.45	SB
2	557	SOE Than Than	31 MAY 1991	MYA	53:29.89	
3	458	LING YIN Elena Goh	29 APR 1996	MAS	53:38.71	
4	963	NGUYEN Thanh Phuc Thi	12 AUG 1990	VIE	53:49.73	SB
5	779	TANGSRIVONG Kotchapon	24 JUL 2000	THA	54:38.23	SB
6	552	HTET Zin May	9 MAY 2000	MYA	56:41.44	
7	456	KAMARUZAMAN Nurul Alyahaziqah	6 JAN 2001	MAS	57:27.52	



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RESULTS

ASIAN Record	1.99	Aitova Marina	KAZ	Athina (GRE)	13 JUL 2009
SEA GAMES Record	1.94	Noeng-Ruthai Chaipech	THA	Vientiane (LAO)	14 DEC 2009

High Jump, Women

Final

9 DEC 2019 / 19:10

Rank	Bib	Name	Date of Birth								NOC	Result				
			1.65	1.70	1.75	1.78	1.81	1.84	1.86	1.88	1.90	1.92	1.94	1.96	1.98	
			2.00													
1	468	YAP Sean Yee														
			O	O	O	O	O	XXX								
1	751	BOONWAN Wanida														
			O	O	O	O	O	XXX								
3	968	PHAM Thi Diem														
			O	O	O	O	XXX									
4	952	DUONG Viet Anh Thi														
		-	XO	XO	XO	XXX										
5	455	KAMARUDDIN Norliyana														
			O	O	O	XXX										
5	660	SNG Suat Li Michelle														
			O	O	O	XXX										
7	753	CHITKHOKKRUAD Prangthip														
			O	O	XO	XXX										



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RESULTS

ASIAN Record	7.01	Weili Yao	CHN	Jinan (CHN)	5 JUN 1993
SEA GAMES Record	6.71	Marestella Torres	PHI	Palembang (INA)	12 NOV 2011

Long Jump, Women

Final

8 DEC 2019 / 17:00

Rank	Bib	Name	Date of Birth			NOC	Result Wind		
		- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -		
1	258	LONDA Maria Natalia				29 OCT 1990	INA	6.47	0.0
		6.06	6.40	6.33	6.45	6.24	<u>6.47</u>		
		-0.2	0.0	-0.1	0.0	0.0	0.0		
2	755	CHUAIMAROENG Parinya				16 DEC 1997	THA	6.23	0.0
		6.08	x	6.21	x	<u>6.23</u>	6.12		
		0.0	0.0	0.0	0.0	0.0	-0.1		
3	975	VU Thi Mong Mo				3 MAR 1997	VIE	6.16	0.0
		5.95	6.09	x	<u>6.16</u>	6.14	6.12		
		0.0	0.0	0.0	0.0	-0.1	0.0		SB
4	51	SUNANG Marestella Torres				20 FEB 1981	PHI	6.16	0.0
		x	<u>6.16</u>	x	x	x	6.09		
		-0.1	0.0	-0.2	0.0	+0.1	0.0		
5	974	VU Thi Men				10 JUL 1990	VIE	6.11	-0.1
		5.97	<u>6.11</u>	5.90	6.01	x	5.71		
		0.0	-0.1	-0.3	0.0	+0.2	+0.1		
6	464	RAMASAMY Kirthana				20 JAN 1997	MAS	5.73	-0.1
		5.72	x	x	x	<u>5.73</u>	x		
		0.0	0.0	0.0	0.0	-0.1	0.0		

Starting order	1	2	3	4	5	6
Try 1-3	975	464	755	974	258	51
Try 4-5	464	975	974	51	755	258
Try 6	464	974	51	975	755	258



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RESULTS

ASIAN Record	15.25	Rypakova Olga	KAZ	Split (CRO)	4 SEP 2010
SEA GAMES Record	14.17	Maria Natalia Londa	INA	Naypyidaw (MYA)	17 DEC 2013

Triple Jump, Women

Final

7 DEC 2019 / 19:30

Rank	Bib	Name	Date of Birth	NOC	Result	Wind	
		- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -
1	755	CHUAIMAROENG Parinya	16 DEC 1997	THA	13.75	+0.2	
		x	13.47	x	13.67	<u>13.75</u>	x
		0.0	0.0	0.0	0.0	+0.2	0.0
2	258	LONDA Maria Natalia	29 OCT 1990	INA	13.60	0.0	SB
		12.94	13.30	<u>13.60</u>	13.48	x	12.79
		0.0	0.0	0.0	-0.2	+0.2	-0.4
3	974	VU Thi Men	10 JUL 1990	VIE	13.55	-0.6	SB
		13.28	13.54	<u>13.55</u>	x	x	13.02
		+0.1	-0.1	-0.6	0.0	0.0	-0.2
4	973	VU Ngoc Ha Thi	21 MAY 2000	VIE	13.43	+0.1	SB
		13.18	<u>13.43</u>	x	13.38	x	x
		0.0	+0.1	0.0	+0.1	-0.1	-0.2
5	464	RAMASAMY Kirthana	20 JAN 1997	MAS	13.11	0.0	
		12.88	12.76	12.69	<u>13.11</u>	x	12.83
		-0.1	0.0	0.0	0.0	+0.2	-0.1
6	57	CARIÑO Angel Ragandap	8 JUN 1997	PHI	12.50	0.0	SB
		12.01	x	12.35	<u>12.50</u>	12.14	x
		-0.1	-0.2	0.0	0.0	0.0	-0.1
7	55	BOMBITA Jasmin Reodanga	1 OCT 2002	PHI	11.93	-0.4	
		11.64	11.85	11.84	x	11.74	<u>11.93</u>
		0.0	0.0	0.0	+0.1	0.0	-0.4

Starting order	1	2	3	4	5	6	7
Try 1-3	974	755	258	57	55	973	464
Try 4-5	55	57	464	973	755	974	258
Try 6	55	57	464	973	974	258	755



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RESULTS

ASIAN Record	4.72	Ling Li	CHN	Shanghai (CHN)	18 MAY 2019
SEA GAMES Record	4.21	Sukanya Chomchuendee	THA	Naypyidaw (MYA)	15 DEC 2013

Pole Vault, Women

Final

8 DEC 2019 / 17:10

Rank	Bib	Name	Date of Birth	NOC	Result	
					3.20 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.05 4.10 4.15 4.20 4.25	
					4.35	
1	76	UY Natalie Rose Steinlage	6 SEP 1994	PHI	4.25	GR
		XXX			- - - - - O - O - O O	
2	754	CHOMCHUENDEE Chayanisa	9 SEP 1988	THA	4.10	
					- - - - - O - O - O - O - X- XX	
3	763	KHABUT Chonthicha	22 NOV 2003	THA	4.00	SB
					- - - O - O O O O - XX- X	
4	256	JAYADI Diva Renatta	24 JAN 2002	INA	3.80	
					- - - - O O O XXX	
5	453	CHUAH Yu Tian	26 MAR 1993	MAS	3.70	=SB
					- - - - XXO XXr	
6	68	NICOLAS Alyana Joyce Martinez	29 AUG 1994	PHI	3.60	
					- - - XO XXX	



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RESULTS

ASIAN Record	21.76	Meisu Li	CHN	Shijiazhuang (CHN)	23 APR 1988
SEA GAMES Record	18.20	Du Xianhui	SGP	Hanoi (VIE)	7 DEC 2003

Shot Put, Women (4kg)

Final

10 DEC 2019 / 16:35

Rank	Bib	Name	Date of Birth	NOC	Result	
- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -	
1	760	INTADIS Areerat	10 MAR 1996	THA	15.80	SB
	14.99	15.26	<u>15.80</u>	x	15.01	14.91
2	254	EKAWATI Eki Febri	18 FEB 1992	INA	15.08	
	14.26	<u>15.08</u>	<u>15.08</u>	x	x	x
3	776	SAOWAPHAIBON Athima	7 NOV 1999	THA	13.36	
	12.55	12.91	12.99	13.19	<u>13.36</u>	12.41
4	354	THINMANAO Math	20 MAR 1995	LAO	11.37	
	<u>11.37</u>	11.30	x	11.07	x	10.76

Starting order	1	2	3	4
Try 1-3	776	760	354	254
Try 4-5	354	776	254	760
Try 6	354	776	254	760



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	71.68	Yanling Xiao	CHN	Beijing (CHN)	14 MAR 1992
SEA GAMES Record	59.56	Subenrat Insaeng	THA	Kallang (SGP)	12 JUN 2015

Discus Throw, Women (1kg)

Final

9 DEC 2019 / 19:30

Rank	Bib	Name	Date of Birth	NOC	Result	
- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -	
1	759	INSAENG Subenrat	10 FEB 1994	THA	60.33	GR
	53.63	54.63	57.53	57.59	<u>60.33</u>	55.85
2	452	CHOO Kang Ni	9 FEB 1994	MAS	47.02	SB
	44.91	<u>47.02</u>	41.12	45.86	45.87	45.82
3	457	KUNG NI Queenie Ting	16 NOV 1997	MAS	45.28	
	35.46	x	44.28	<u>45.28</u>	x	45.17
4	961	NGUYEN Hong Thuong Thi	25 MAY 1997	VIE	45.05	
	42.07	43.41	x	<u>45.05</u>	x	43.94
5	777	SROISENA Charuwan	30 JAN 1995	THA	44.90	SB
	42.56	<u>44.90</u>	x	x	x	
6	58	DAYNATA Daniella Jacinto	23 NOV 1999	PHI	40.56	SB
	35.81	<u>40.56</u>	38.36	x	x	39.81

Starting order	1	2	3	4	5	6
Try 1-3	759	452	777	457	58	961
Try 4-5	58	961	457	777	452	759
Try 6	58	777	961	457	452	759



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RESULTS

ASIAN Record	67.98	Huihui Lu	CHN	Shenyang (CHN)	2 AUG 2019
SEA GAMES Record	55.97	Buoban Pamang	THA	Nakhon Ratchasima (THA)	7 DEC 2007

Javelin Throw, Women (600g)

Final

8 DEC 2019 / 17:00

Rank	Bib	Name	Date of Birth	NOC	Result	
- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -	
1	768	NACHAN Natta	4 JUN 1990	THA		55.66
	50.39	48.54	<u>55.66</u>	x	54.54	51.62
2	959	LO Thi Hoang	6 OCT 1997	VIE		53.77
	50.37	52.13	x	50.52	50.03	<u>53.77</u>
3	783	WICHAIDIT Jariya	8 MAR 1996	THA		51.80
	49.59	<u>51.80</u>	x	50.75	x	x
4	69	PALABRICA Evalyn Barba	22 JUN 1994	PHI		50.56
	46.12	46.76	48.01	<u>50.56</u>	47.35	48.78
5	255	INTAN BAHTIAR Atinna Nurkamila	18 SEP 1998	INA		46.94
	-	-	41.76	45.74	<u>46.94</u>	40.60
6	71	QUITOY Ann Katherine Balbuena	13 MAR 2001	PHI		43.26
	39.22	41.60	<u>43.26</u>	41.46	37.86	41.46

Starting order	1	2	3	4	5	6
Try 1-3	959	783	71	768	255	69
Try 4-5	255	71	69	783	959	768
Try 6	71	255	69	783	959	768



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RESULTS

ASIAN Record	77.68	Zheng Wang	CHN	Chengdu (CHN)	29 MAR 2014
SEA GAMES Record	59.24	Grace Wong Xiu Mei	MAS	Bukit Jalil (MAS)	24 AUG 2017

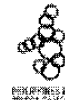
Hammer Throw, Women (4kg)

Final

8 DEC 2019 / 19:15

Rank	Bib	Name	Date of Birth	NOC	Result	
	- T1 -	- T2 -	- T3 -	- T4 -	- T5 -	- T6 -
1	766	KOOMPHON Mingkamon	4 JAN 1998	THA		55.99
	<u>55.99</u>	53.52	51.76	54.88	49.61	x
2	467	XIU MEI Grace Wong	18 JAN 2000	MAS		55.82
	55.53	54.75	55.26	<u>55.82</u>	54.61	51.16
3	757	GIMSRANG Panwat	18 JAN 1995	THA		55.64
	<u>55.64</u>	50.83	x	x	x	x
4	75	TEODOSIO Aira Buan	15 AUG 1997	PHI		47.13
	45.62	<u>47.13</u>	x	43.12	45.97	44.84
5	556	OO Pa Pa	21 MAR 1996	MYA		43.90
	40.03	41.01	<u>43.90</u>	42.49	42.86	38.75
6	354	THINMANAO Math	20 MAR 1995	LAO		40.24
	x	x	38.53	x	<u>40.24</u>	x

Starting order	1	2	3	4	5	6
Try 1-3	556	354	766	467	757	75
Try 4-5	354	556	75	467	757	766
Try 6	354	556	75	757	467	766



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

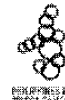
ASIAN Record	42.23	Team Sichuan	CHN	Shanghai (CHN)	23 OCT 1997
SEA GAMES Record	43.88	VIETNAM	VIE	Kuala Lumpur (MAS)	25 AUG 2017

4x100m, Women

9 DEC 2019 / 20:05

Final

Rank	Name	NOC	Rt	Result
1	THAILAND 1: 752, CHATTHA On-Uma (1997) 3: 781, WANNAKIT Tassaporn (1989)	THA 2: 771, PAKDEE Kwanrutai (1993) 4: 780, THIPAT Supawan (1994)	0.164	44.38
2	PHILIPPINES 1: 67, NELSON Zion Rose Corrales (1998) 3: 73, RICHARDSON Kyla Ashley Maico (1998)	PHI 2: 72, RICHARDSON Kayla Anise Maico (1998) 4: 63, KNOTT Kristina Marie (1995)	0.198	44.57
3	VIETNAM 1: 972, TRAN Yen Hoa Thi (1990) 3: 953, HA Thi Thu (1997)	VIE 2: 957, LE Mong Tuyen Thi (1990) 4: 958, LE Tu Chinh (1997)	0.238	45.17
4	MALAYSIA 1: 451, ALIAS Azreen Nabila (2000) 3: 465, SELVARRETNAM Komalam Shally (1988)	MAS 2: 461, MOHAMAD Siti Fatima (1986) 4: 470, ZULKIFLI Zaidatul Husniah (1993)	0.180	45.25
5	INDONESIA 1: 252, AGRETA Jeany Nuraini Amelia (2000) 3: 264, NURYANTI Erna (2002)	INA 2: 267, TEHUPEIORY Alvin (1995) 4: 260, MURTININGSIH Tyas (1997)	0.180	45.28
6	SINGAPORE 1: 658, LIEW Bernice Yee Ling (2003) 3: 659, PEREIRA Shanti Veronica (1996)	SGP 2: 654, D/O CHANDRAN Kugapriya (1998) 4: 656, GOH Clara Si Hui (2000)	0.182	45.37



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

ASIAN Record	3:24.28	Team Hebei	CHN	Beijing (CHN)	13 SEP 1993
SEA GAMES Record	3:31.46	VIETNAM	VIE	Kallang (SGP)	11 JUN 2015

4x400m, Women

10 DEC 2019 / 18:50

Final

Rank	Name	NOC	Rt	Result
1	VIETNAM 1: 966, NGUYEN Thi Oanh (1996) 3: 954, HOANG Thi Ngoc (1995)	VIE 2: 971, QUACH Thi Lan (1995) 4: 964, NGUYEN Thi Hang (1997)	0.184	3:34.64
2	THAILAND 1: 761, JANCHANA Sukanya (1995) 3: 782, WERUWANARAK Arisa (2003)	THA 2: 774, POOLKERD Supanich (1997) 4: 770, ONUORAH Chinenye Josephine (2002)	0.376	3:39.78
3	PHILIPPINES 1: 66, LUZON Eloiza Morales (1996) 3: 74, SCHRIJVERS Maureen Emily Ong (1995)	PHI 2: 65, LUMAPAS Jessel Dialino (2000) 4: 56, BROWN Robyn Lauren Crisostomo (1994)	0.176	3:43.41
4	INDONESIA 1: 262, NINGRUM Eka Cahaya (1996) 3: 265, SARI Sri Maya (1994)	INA 2: 257, KURNIAYANTI Dewi Ayu Agung (1994) 4: 259, MANIK Agustina Mardika (1995)	0.266	3:45.01
5	MALAYSIA 1: 462, MOHD YUSUF Fathin Faqihah (1996) 3: 454, JOGINDER SINGH Savinder Kaur (1997)	MAS 2: 460, MAZLAN Nurul Faizah Asma (1991) 4: 466, TEOH Kim Chyi (1997)	0.210	3:47.00



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

4x100m, Mixed

8 DEC 2019 / 21:00

Final

Rank	Name	NOC	Rt	Result
1	PHILIPPINES 1: 66, LUZON Eloiza Morales (1996) 3: 63, KNOTT Kristina Marie (1995)	PHI 2: 7, LOPENA Anfernee Talaboc (1994) 4: 2, CRAY Eric Shauwn Brazas (1988)	0.190	41.67
2	THAILAND 1: 715, KHONGPRASIT Chayut (1999) 3: 781, WANNAKIT Tassaporn (1989)	THA 2: 744, VEERAVONGRATANASIRI Nutthapong (1997) 4: 771, PAKDEE Kwanrutai (1993)	0.200	41.99
3	MALAYSIA 1: 451, ALIAS Azreen Nabila (2000) 3: 470, ZULKIFLI Zaidatul Husniah (1993)	MAS 2: 418, NYEPA Jonathan Anak (1996) 4: 411, KENNEDY Nixon Anak (1995)	0.142	42.40
4	INDONESIA 1: 218, PRADANA Adith Rici (2001) 3: 252, AGRETA Jeany Nuraini Amelia (2000)	INA 2: 215, RIMBAWAN Eko (1995) 4: 264, NURYANTI Erna (2002)	0.168	42.65
5	SINGAPORE 1: 654, D/O CHANDRAN Kugapriya (1998) 3: 612, YAP Timothee Jin Wei (1994)	SGP 2: 659, PEREIRA Shanti Veronica (1996) 4: 603, BIN JANURI Ariff (1994)	0.188	43.28



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

4x400m, Mixed

7 DEC 2019 / 19:50

Final

Rank	Name	NOC	Rt	Result
1	VIETNAM 1: 964, NGUYEN Thi Hang (1997) 3: 971, QUACH Thi Lan (1995)	VIE 2: 919, TRAN Nhat Hoang (2000) 4: 918, TRAN Dinh Son (1997)	0.292	3:19.50
2	THAILAND 1: 725, PRAPAS Pratchaya (2001) 3: 782, WERUWANARAK Arisa (2003)	THA 2: 770, ONUORAH Chinenye Josephine (2002) 4: 722, PAUNGPI Pipatporn (1998)	0.236	3:26.09
3	PHILIPPINES 1: 22, ALFEROS Reymond (1995) 3: 74, SCHRIJVERS Maureen Emily Ong (1995)	PHI 2: 56, BROWN Robyn Lauren Crisostomo (1994) 4: 21, ALEJAN Edgardo Jr Geronga (1986)	0.190	3:26.95
4	MALAYSIA 1: 421, ROSLAN Abdul Wafy (1999) 3: 466, TEOH Kim Chyi (1997)	MAS 2: 462, MOHD YUSUF Fathin Faqihah (1996) 4: 425, SUHAIMI Muhammad Ilham (2000)	0.204	3:30.15



PHILIPPINES 2019 - 30th SEA GAMES
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COMBINED RESULTS

ASIAN Record	8725	Karpov Dmitriy	KAZ	Athina (GRE)	24 AUG 2004
SEA GAMES Record	7558	Vu Van Huyen	VIE	Vientiane (LAO)	14 DEC 2009

Decathlon, Men

9 / 10 DEC 2019

Athletes: 8

Finalstanding

Rank	Bib	Name	Date of Birth		NOC		Points				
	100	LJ	SP	HJ	400	110H	DT	PV	JT	1500	
1	4	TOLEDO Aries Bañez	2 NOV 1993		PHI		7,033				SB
	11.02	7.33	11.68	1.93	50.69	15.03	37.25	3.80	54.37	5:10.06	
	(0.0)	(-0.1)				(-0.6)					
	856	893	587	740	783	846	609	562	654	503	
		1,749	2,336	3,076	3,859	4,705	5,314	5,876	6,530	7,033	
2	901	BUI Van Su	14 APR 1994		VIE		6,911				SB
	11.11	6.76	11.05	1.81	49.57	15.08	34.38	4.10	52.54	4:47.10	
	(0.0)	(0.0)				(-0.6)					
	836	757	549	636	835	840	551	645	626	636	
		1,593	2,142	2,778	3,613	4,453	5,004	5,649	6,275	6,911	
3	6	UBAS Janry Borinaga	2 JAN 1994		PHI		6,769				
	11.15	7.54	10.73	2.08	56.02	15.63	31.45	4.60	48.71	5:29.28	
	(0.0)	(-0.5)				(-0.6)					
	827	945	530	878	558	775	493	790	570	403	
		1,772	2,302	3,180	3,738	4,513	5,006	5,796	6,366	6,769	
4	207	JUMRA Fauma Defril	24 SEP 1998		INA		6,224				
	11.63	6.14	10.71	1.78	51.17	16.02	28.41	4.00	53.37	4:59.26	
	(0.0)	(0.0)				(-0.6)					
	725	617	528	610	761	730	433	617	639	564	
		1,342	1,870	2,480	3,241	3,971	4,404	5,021	5,660	6,224	
5	502	KO WIN Paing	12 FEB 2000		MYA		5,813				SB
	11.52	6.42	9.39	1.75	51.33	15.75	26.16	3.60	40.29	5:11.97	
	(0.0)	(+0.3)				(-0.6)					
	748	679	449	585	754	761	389	509	446	493	
		1,427	1,876	2,461	3,215	3,976	4,365	4,874	5,320	5,813	
	706	CHOMCHANAD Kasinpob	29 DEC 2000		THA		DNF				
	11.17	7.09	11.18	1.81	55.07	15.96	27.86	4.60	41.56	DNS	
	(0.0)	(-0.1)				(-0.6)					
	823	835	557	636	596	737	423	790	465		
		1,658	2,215	2,851	3,447	4,184	4,607	5,397	5,862		
	905	LE Van Han	8 NOV 1994		VIE		DNF				
	11.50	6.89	10.64	1.72	DNS	DNS					
	(0.0)	(0.0)									
	753	788	524	560							
		1,541	2,065	2,625							
	734	SINGKHON Suttisak	5 OCT 1996		THA		DNF				
	11.66	NM	DNS	DNS	DNS						
	(0.0)										
	719	0									
		719									



100m Decathlon, Men

9 DEC 2019 / 09:00

Decathlon

Wind: 1:0.0 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Points
1	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	0.168	11.02	856
2	901	BUI Van Su	14 APR 1994	VIE	0.180	11.11	836
3	6	UBAS Janry Borinaga	2 JAN 1994	PHI	0.152	11.15	827
4	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	0.158	11.17	823
5	905	LE Van Han	8 NOV 1994	VIE	0.210	11.50	753
6	502	KO WIN Paing	12 FEB 2000	MYA	0.210	11.52	748
7	207	JUMRA Fauma Defril	24 SEP 1998	INA	0.248	11.63	725
8	734	SINGKHON Suttisak	5 OCT 1996	THA	0.352	11.66	719



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

Long Jump Decathlon, Men

Decathlon

9 DEC 2019 / 10:00

Rank	Bib	Name	Date of Birth	NOC	Result	Wind	Points
- T1 - - T2 - - T3 -							
1	6	UBAS Janry Borinaga	2 JAN 1994	PHI	7.54	-0.5	945
		7.39 <u>7.54</u> 7.53					
		0.0 -0.5 +0.2					
2	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	7.33	-0.1	893
		x 7.13 <u>7.33</u>					
		0.0 0.0 -0.1					
3	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	7.09	-0.1	835
		x x <u>7.09</u>					
		0.0 0.0 -0.1					
4	905	LE Van Han	8 NOV 1994	VIE	6.89	0.0	788
		x <u>6.89</u> 6.62					
		+0.3 0.0 +0.6					
5	901	BUI Van Su	14 APR 1994	VIE	6.76	0.0	757
		x <u>6.76</u> 6.75					
		-0.1 0.0 0.0					
6	502	KO WIN Paing	12 FEB 2000	MYA	6.42	+0.3	679
		6.01 6.34 <u>6.42</u>					
		0.0 +0.2 +0.3					
7	207	JUMRA Fauma Defril	24 SEP 1998	INA	6.14	0.0	617
		5.84 5.91 <u>6.14</u>					
		0.0 0.0 0.0					
	734	SINGKHON Suttisak	5 OCT 1996	THA	NM		0
		= = =					

Starting order	1	2	3	4	5	6	7	8
Decathlon	207	905	734	4	706	502	901	6



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

Shot Put Decathlon, Men (7.26kg)

Decathlon

9 DEC 2019 / 11:00

Rank	Bib	Name	Date of Birth	NOC	Result	Points
		- T1 -	- T2 -	- T3 -		
1	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	11.68	587
		x	11.68	11.49		
2	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	11.18	557
		11.18	x	10.99		
3	901	BUI Van Su	14 APR 1994	VIE	11.05	549
		9.45	10.09	11.05		
4	6	UBAS Janry Borinaga	2 JAN 1994	PHI	10.73	530
		10.55	10.10	10.73		
5	207	JUMRA Fauma Defril	24 SEP 1998	INA	10.71	528
		10.71	10.28	x		
6	905	LE Van Han	8 NOV 1994	VIE	10.64	524
		10.18	10.63	10.64		
7	502	KO WIN Paing	12 FEB 2000	MYA	9.39	449
		9.06	8.77	9.39		
	734	SINGKHON Suttisak	5 OCT 1996	THA	DNS	

Starting order	1	2	3	4	5	6	7	8
Decathlon	734	4	905	706	502	207	901	6



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

High Jump Decathlon, Men

Decathlon

9 DEC 2019 / 17:30

Rank		Bib	Name	Date of Birth							NOC		Result					Points
			1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81			
			1.84	1.87	1.90	1.93	1.96	1.99	2.02	2.05	2.08	2.11						
1	6	UBAS Janry Borinaga						2 JAN 1994		PHI						2.08	878	
		-	-	-	-	-	-	-	-	-	-	-	-	O	-			
		O	-	O	-	O	-	O	O	O	r							
2	4	TOLEDO Aries Bañez						2 NOV 1993		PHI						1.93	740	
		-	-	-	-	-	-	-	-	-	-	-	-	O	-			
		O	XO	XO	XXO	XXX												
3	901	BUI Van Su						14 APR 1994		VIE						1.81	636	
		-	-	-	-	-	-	-	-	-	O	-	O	O				
		XXX																
4	706	CHOMCHANAD Kasinpob						29 DEC 2000		THA						1.81	636	
		-	-	-	-	-	-	-	O	O	O	XO	O	XXO				
		XXX																
5	207	JUMRA Fauma Defril						24 SEP 1998		INA						1.78	610	
		-	-	-	O	-	O	-	O	O	O	XXO	XXO	XXX				
6	502	KO WIN Paing						12 FEB 2000		MYA						1.75	585	
		-	-	-	-	-	-	-	O	O	XXO	O	XXX					
7	905	LE Van Han						8 NOV 1994		VIE						1.72	560	
		-	-	-	-	-	-	-	-	O	O	XXX						
	734	SINGKHON Suttisak						5 OCT 1996		THA						DNS		



400m Decathlon, Men

9 DEC 2019 / 19:55

Decathlon

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Points
1	901	BUI Van Su	14 APR 1994	VIE	0.194	49.57	835
2	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	0.192	50.69	783
3	207	JUMRA Fauma Defril	24 SEP 1998	INA	0.160	51.17	761
4	502	KO WIN Paing	12 FEB 2000	MYA	0.214	51.33	754
5	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	0.172	55.07	596
6	6	UBAS Janry Borinaga	2 JAN 1994	PHI	0.150	56.02	558
	905	LE Van Han	8 NOV 1994	VIE	0.000	DNS	
	734	SINGKHON Suttisak	5 OCT 1996	THA	0.000	DNS	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

110m Hurdles Decathlon, Men (1.067m)

10 DEC 2019 / 09:00

Decathlon

Wind: 1:-0.6 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Points
1	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	0.202	15.03	846
2	901	BUI Van Su	14 APR 1994	VIE	0.200	15.08	840
3	6	UBAS Janry Borinaga	2 JAN 1994	PHI	0.136	15.63	775
4	502	KO WIN Paing	12 FEB 2000	MYA	0.222	15.75	761
5	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	0.184	15.96	737
6	207	JUMRA Fauma Defril	24 SEP 1998	INA	0.190	16.02	730
	905	LE Van Han	8 NOV 1994	VIE	0.000	DNS	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

Discus Throw Decathlon, Men (2kg)

Decathlon

10 DEC 2019 / 10:00

Rank	Bib	Name	Date of Birth	NOC	Result	Points
	- T1 -	- T2 -	- T3 -			
1	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	37.25	609
	36.37	35.92	<u>37.25</u>			
2	901	BUI Van Su	14 APR 1994	VIE	34.38	551
	32.62	33.44	<u>34.38</u>			
3	6	UBAS Janry Borinaga	2 JAN 1994	PHI	31.45	493
	30.49	x	<u>31.45</u>			
4	207	JUMRA Fauma Defril	24 SEP 1998	INA	28.41	433
	27.03	<u>28.41</u>	28.28			
5	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	27.86	423
	x	<u>27.86</u>	x			
6	502	KO WIN Paing	12 FEB 2000	MYA	26.16	389
	25.32	23.81	<u>26.16</u>			

Starting order	1	2	3	4	5	6
Decathlon	502	706	6	901	207	4



PHILIPPINES 2019 - 30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

RESULTS

Pole Vault Decathlon, Men

Decathlon

10 DEC 2019 / 11:10

Rank		Bib	Name	Date of Birth					NOC					Result					Points
			3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40				
			4.50	4.60	4.70	4.80													
1	6	UBAS Janry Borinaga					2 JAN 1994			PHI						4.60	790		
			-	-	-	-	-	-	-	-	O	-	O	-	O				
			-	O	-	XXX													
1	706	CHOMCHANAD Kasinpob					29 DEC 2000			THA						4.60	790		
			-	-	-	-	-	-	-	-	-	-	-	-	-				
			-	O	-	XXX													
3	901	BUI Van Su					14 APR 1994			VIE						4.10	645		
			-	-	-	-	-	O	-	O	O	XXX							
4	207	JUMRA Fauma Defril					24 SEP 1998			INA						4.00	617		
			-	-	-	-	O	-	XXO	-	XO	-	XXX						
5	4	TOLEDO Aries Bañez					2 NOV 1993			PHI						3.80	562		
			-	-	-	-	O	-	O	-	XXX								
6	502	KO WIN Paing					12 FEB 2000			MYA						3.60	509		
			-	-	-	O	O	XXX											



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

Javelin Throw Decathlon, Men (800g)

Decathlon

10 DEC 2019 / 16:30

Rank	Bib	Name	Date of Birth	NOC	Result	Points
- T1 - - T2 - - T3 -						
1	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	54.37	654
		51.70 <u>54.37</u> 51.72				
2	207	JUMRA Fauma Defril	24 SEP 1998	INA	53.37	639
		50.93 <u>53.37</u> 53.19				
3	901	BUI Van Su	14 APR 1994	VIE	52.54	626
		47.62 51.14 <u>52.54</u>				
4	6	UBAS Janry Borinaga	2 JAN 1994	PHI	48.71	570
		<u>48.71</u> 46.28 47.55				
5	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	41.56	465
		41.23 40.00 <u>41.56</u>				
6	502	KO WIN Paing	12 FEB 2000	MYA	40.29	446
		<u>40.29</u> x 37.85				

Starting order	1	2	3	4	5	6
Decathlon	207	901	4	502	6	706



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

1500m Decathlon, Men

10 DEC 2019 / 18:30

Decathlon

Rank	Bib	Name	Date of Birth	NOC	Result	Points
1	901	BUI Van Su	14 APR 1994	VIE	4:47.10	636
2	207	JUMRA Fauma Defril	24 SEP 1998	INA	4:59.26	564
3	4	TOLEDO Aries Bañez	2 NOV 1993	PHI	5:10.06	503
4	502	KO WIN Paing	12 FEB 2000	MYA	5:11.97	493
5	6	UBAS Janry Borinaga	2 JAN 1994	PHI	5:29.28	403
	706	CHOMCHANAD Kasinpob	29 DEC 2000	THA	DNS	

Intermediate Times - Decathlon

400m	1:13.13	901	BUI Van Su	VIE
800m	2:32.81	901	BUI Van Su	VIE
1200m	3:52.58	901	BUI Van Su	VIE



30th SEA GAMES
New Clark City Stadium, 06-10 Dec 2019

COMBINED RESULTS

ASIAN Record	6942	Shouaa Ghada	SYR	Götzis (AUT)	26 MAY 1996
SEA GAMES Record	5889	Wassana Winatho	THA	Nakhon Ratchasima (THA)	11 DEC 2007

Heptathlon, Women

7 / 8 DEC 2019

Athletes: 5

Finalstanding

Rank	Bib	Name	Date of Birth			NOC	Points	
	100H	HJ	SP	200	LJ	JT	800	
1	59	DEQUINAN Sarah Noveno	7 OCT 1996			PHI	5,101	SB
	15.24	1.68	10.43	25.72	5.58	45.20	2:38.44	
	(0.0)				(+0.1)			
	810	830	558	822	723	767	591	
		1,640	2,198	3,020	3,743	4,510	5,101	
2	455	KAMARUDDIN Norliyana	26 MAR 1991			MAS	4,906	
	15.08	1.74	11.32	26.67	5.43	29.79	2:32.41	
	(0.0)				(0.0)		(-195)	
	831	903	616	740	680	473	663	
		1,734	2,350	3,090	3,770	4,243	4,906	
3	765	KHOTSEEMUEANG Sunisa	8 APR 1993			THA	4,730	
	15.39	1.62	11.58	26.72	5.39	39.12	2:47.10	
	(0.0)				(-0.1)		(-371)	
	791	759	633	735	668	650	494	
		1,550	2,183	2,918	3,586	4,236	4,730	
4	64	LIGMAYO Josefa Omas	29 AUG 1996			PHI	4,603	SB
	15.44	1.65	10.35	28.01	5.27	39.53	2:42.04	
	(0.0)				(+0.2)		(-498)	
	784	795	552	630	634	658	550	
		1,579	2,131	2,761	3,395	4,053	4,603	



PHILIPPINES 2019 - 30th SEA GAMES
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RESULTS

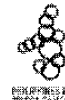
100m Hurdles Heptathlon, Women (0.84m)

7 DEC 2019 / 08:30

Heptathlon

Wind: 1:0.0 m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Points
1	455	KAMARUDDIN Norliyana	26 MAR 1991	MAS	0.242	15.08	831
2	59	DEQUINAN Sarah Noveno	7 OCT 1996	PHI	0.178	15.24	810
3	765	KHOTSEEMUEANG Sunisa	8 APR 1993	THA	0.278	15.39	791
4	64	LIGMAYO Josefa Omas	29 AUG 1996	PHI	0.178	15.44	784



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RESULTS

High Jump Heptathlon, Women

Heptathlon

7 DEC 2019 / 09:10

Rank	Bib	Name	Date of Birth					NOC					Result					Points
			1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.83	1.86			
			1.89	1.92	1.95	1.98												
1	455	KAMARUDDIN Norliyana	-	-	O	-	O	O	O	O	O	XXX					1.74	903
2	59	DEQUINAN Sarah Noveno	-	-	O	-	O	O	XXX								1.68	830
3	64	LIGMAYO Josefa Omas	-	-	O	-	O	XXO	XXX								1.65	795
4	765	KHOTSEEMUEANG Sunisa	-	O	O	O	O	XXX									1.62	759



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RESULTS

Shot Put Heptathlon, Women (4kg)

Heptathlon

7 DEC 2019 / 17:40

Rank	Bib	Name	Date of Birth	NOC	Result	Points
- T1 -	- T2 -	- T3 -				
1	765	KHOTSEEMUEANG Sunisa	8 APR 1993	THA	11.58	633
	10.48	<u>11.58</u>	11.25			
2	455	KAMARUDDIN Norliyana	26 MAR 1991	MAS	11.32	616
	10.89	<u>11.32</u>	11.02			
3	59	DEQUINAN Sarah Noveno	7 OCT 1996	PHI	10.43	558
	<u>10.43</u>	10.24	9.41			
4	64	LIGMAYO Josefa Omas	29 AUG 1996	PHI	10.35	552
	9.69	<u>10.35</u>	9.45			

Starting order	1	2	3	4
Heptathlon	59	765	455	64



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RESULTS

200m Heptathlon, Women

7 DEC 2019 / 19:20

Heptathlon

Wind: 1:- m/s

Rank	Bib	Name	Date of Birth	NOC	Rt	Result	Points
1	59	DEQUINAN Sarah Noveno	7 OCT 1996	PHI	0.374	25.72	822
2	455	KAMARUDDIN Norliya	26 MAR 1991	MAS	0.172	26.67	740
3	765	KHOTSEEMUEANG Sunisa	8 APR 1993	THA	0.192	26.72	735
4	64	LIGMAYO Josefa Omas	29 AUG 1996	PHI	0.290	28.01	630



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RESULTS

Long Jump Heptathlon, Women

Heptathlon

8 DEC 2019 / 09:00

Rank	Bib	Name	Date of Birth	NOC	Result Wind	Points
- T1 -	- T2 -	- T3 -				
1	59	DEQUINAN Sarah Noveno	7 OCT 1996	PHI	5.58 +0.1	723
	<u>5.58</u>	5.54	x			
	+0.1	0.0	+0.3			
2	455	KAMARUDDIN Norliyana	26 MAR 1991	MAS	5.43 0.0	680
	<u>5.43</u>	<u>5.43</u>	x			
	0.0	-0.4	0.0			
3	765	KHOTSEEMUEANG Sunisa	8 APR 1993	THA	5.39 -0.1	668
	x	x	<u>5.39</u>			
	+0.2	-0.3	-0.1			
4	64	LIGMAYO Josefa Omas	29 AUG 1996	PHI	5.27 +0.2	634
	5.23	5.06	<u>5.27</u>			
	+0.7	+0.2	+0.2			

Starting order	1	2	3	4
Heptathlon	59	765	455	64



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RESULTS

Javelin Throw Heptathlon, Women (600g)

Heptathlon

8 DEC 2019 / 10:40

Rank	Bib	Name	Date of Birth	NOC	Result	Points
- T1 -	- T2 -	- T3 -				
1	59	DEQUINAN Sarah Noveno <u>45.20</u>	7 OCT 1996	PHI	45.20	767
2	64	LIGMAYO Josefa Omas <u>39.53</u>	29 AUG 1996	PHI	39.53	658
3	765	KHOTSEEMUEANG Sunisa 37.20 35.92 <u>39.12</u>	8 APR 1993	THA	39.12	650
4	455	KAMARUDDIN Norliyana 27.64 28.95 <u>29.79</u>	26 MAR 1991	MAS	29.79	473

Starting order	1	2	3	4
Heptathlon	59	765	455	64



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RESULTS

800m Heptathlon, Women

8 DEC 2019 / 19:00

Heptathlon

Rank	Bib	Name	Date of Birth	NOC	Result	Points
1	455	KAMARUDDIN Norliyana	26 MAR 1991	MAS	2:32.41	663
2	59	DEQUINAN Sarah Noveno	7 OCT 1996	PHI	2:38.44	591
3	64	LIGMAYO Josefa Omas	29 AUG 1996	PHI	2:42.04	550
4	765	KHOTSEEMUEANG Sunisa	8 APR 1993	THA	2:47.10	494

Intermediate Times - Heptathlon

400m	1:17.90	455 KAMARUDDIN Norliyana	MAS
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